



# Child, Youth, and Family Programs

Schedule starting March 31 2025

Stat Holidays: April 18th, April 21st, May 19th - No Group Fitness Classes, Pool or Programs						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am - 10:15am	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room
	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4
						Multi-Sports 6 - 12 yrs Gymnasium
10:30am - 11:45am	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room	Y Play 12 wks - 3 yrs Pre-register only Y Play Room
	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4
						Games Galore 6 - 12 yrs Multipurpose Room 2
12:00pm-4:30pm	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 5	Baby Bear Tots Together 2:00pm-3:00pm Parent Participation Required Multipurpose Room 4	Family Playtime 12:00pm-5:00pm 0-6 yrs Parent participation required MP 4
	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Family Fun 1:00pm-5:00pm All ages drop-in Parent participation required MP 2/3
	Y Play 3 months- 5 yrs 4:00pm-5:00pm Pre-register only Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm Pre-register only Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm Pre-register only Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm Pre-register only Y Play Room		Family Open Gym Drop-in 2:30-4:30pm 6+ yrs accompanied by parent/guardian Gymnasium
4:30pm-6:30pm		Youth Board Game Café 12-16yrs 4:30pm-6:30pm Multipurpose Room 1				Youth Sports 12-16 yrs old 4:30pm-5:30pm Supervised Gymnasium
						Youth Sports 12-16 yrs old 4:30pm-5:30pm Gymnasium
5:15pm - 6:30pm	Y Play 3 months- 3 yrs Pre-register only Y Play Room	Y Play 3 months- 3 yrs Pre-register only Y Play Room	Y Play 3 months- 3 yrs Pre-register only Y Play Room	Y Play 3 months- 3 yrs Pre-register only Y Play Room		
	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4	Creative Play 3 - 5 yrs Pre-register only Multipurpose Room 4		
	Games Galore 6 - 12 yrs Multipurpose Room 2	Multi-Sports 6 - 12 yrs Gymnasium	Games Galore 6 - 12 yrs Multipurpose Room 2	Games Galore 6 - 12 yrs Multipurpose Room 2		
6:45pm-8:00pm	Games Galore 6 - 12 yrs Multipurpose Room 2	Multi-Sports 6 - 12 yrs 1/2 Gymnasium	Games Galore 6 - 12 yrs Multipurpose Room 2	Games Galore 6 - 12 yrs Multipurpose Room 2		
		Growing Mindfully 5:15pm - 7:15pm *				
	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	Family Playtime 0-6yrs drop-in Parent participation required Multipurpose Room 4	

Membership is required for all CYF programs.  
show up within fifteen minutes of your program's start. After fifteen minutes spaces in program will be offered to waitlisted participants.  
required for Growing Mindfully. Please see front desk for more information.

Please  
Pre-registration

Updated SPRING 2025