



Pool Schedule


SPRING 2025

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool
MORNING	Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 7:00am - 9:30am		Member Swim 7:00am - 9:30am	
	Y Aquafit 8:15am-9:00am 25m Pool	Y Aquafit 9:15am-10:00am 25m Pool	Y Aquafit 8:15am-9:00am 25m Pool	Y Aquafit 9:15am-10:00am 25m Pool	Y Aquafit 8:15am-9:00am 25m Pool				Y Aquafit 8:15am-9:00am 25m Pool	Y Aquafit 9:15am-10:00am 25m Pool	Y Aquafit 8:15am-9:00am 25m Pool	Swim Lessons 9:00am - 9:30am		Swim Lessons 9:00am - 9:30am
AFTERNOON	Public Swim 9:00am - 2:00pm				Starting January 22, 2025 to April 30, 2025 School board lessons 9:00am - 12:30pm		Public Swim 2:00pm - 4:00pm		Member Swim 5:30am - 2:00pm		Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during swim lesson times		Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during swim lesson times	
								Swim Lessons 10:00am - 12:00pm			Member Swim 1:30pm - 8:45pm	Pool Rental 2:00pm - 3:30pm		
											Pool Rental 3:30pm - 5:15pm		Member Swim 1:30pm - 8:45pm	
EVENING	Member Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm-8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm-8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm-8:00pm *Limited space*	Member Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm-8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm-8:00pm *Limited space*	Member Swim 1:30pm - 8:45pm			

During ***Limited Space*** times, half of the Family Pool and 2 lanes in the 25m Pool are available

Please note: This schedule is subject to change without notice. Lifeguard courses, Private Lessons & School Board Swimming Lessons may occur in the pool area anytime. For the most up to date schedule information, please visit our website: gv.ymca.ca or scan the QR code.

TLY - Revision Date: Apr 9, 2025

Member Swim: Day Pass rate applies to Non-Members	Y Aquafit	Pool Rental	Swim Lessons: Pool is closed for swim lessons only during this time	Public Swim: Reduced Rate Drop-in fee	
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Pool hours are Monday - Friday 5:30am - 9:45pm, Weekends & Statutory Holidays 7:00am-6:45pm