



## Tri-Cities Family Drop-in Programs for Families with Children Online and In-Person\*

Spring 2025

Agency	Program Name	Program Description	Location/Time	Registration Details
<b>Bettie Allard YMCA CCRR</b>	Family Drop-In	Parents and caregivers with children aged 0-5 can participate in fun activities in a welcoming environment. Children can socialize, learn new skills, engage in art, music, stories, & more. Access resources on child development, parenting & community. Meet other caregivers & enjoy a morning of fun!	<b>3rd Floor – Family Resource Room, Bettie Allard YMCA, 555 Emerson St, Coquitlam</b>  Monday, Tuesday & Thursdays: 9:00 am – 12:00 pm	Drop-In. No registration required. More information: <a href="https://www.gv.ymca.ca/family-drop-bettie-allard-ymca">https://www.gv.ymca.ca/family-drop-bettie-allard-ymca</a>  Phone: 604-931-3400 ext. 0 Email: ygv.ccr@bc.ymca.ca
<b>Coquitlam Public Library</b>	Baby Story Time	During Baby Story Time, we will share picture books, songs, and rhymes that you can enjoy with your children. Stories, songs, and rhymes help children gain pre-reading skills and develop a love of reading.  For children aged 0 - 2yrs	<b>City Centre Branch, 1169 Pinetree Way, Rooms 136 &amp; 137, Coquitlam:</b>  Tuesdays: 10:30 - 11:00 am April 8 – May 13  Thursdays: 11:30 am – 12:00 pm April 10 – May 15  <b>Poirier Branch, 575 Poirier St, Coquitlam Nancy Bennett Room:</b>  Wednesdays: 10:30 – 11:00 am April 9 - May 14	Drop-In. No registration required.  More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>
<b>Coquitlam Public Library</b>	Toddler Story Time	In Toddlers+ Story Time, we will share books, songs and rhymes that help children gain prereading skills and develop a love of reading. For children aged 0 - 3 yrs	<b>City Centre Branch, 1169 Pinetree Way Coquitlam, Rooms 136 &amp; 137:</b>  Thursdays: 10:30 - 11:00 am April 10 – May 15  <b>Poirier Branch 575 Poirier St, Nancy Bennett Room:</b>  Fridays: 10:30 - 11:00 am April 11 – May 16	No registration required. Just drop in.  More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>  <i>*April 25 will be a sensory-friendly; quieter and focused more on sensory play.</i>

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<b>Coquitlam Public Library</b>	Family Story Time	The whole family is invited to join us as we share picture books, songs, rhymes and lots of fun! No registration, just drop in.	<b>City Centre Branch, 1169 Pinetree Way Coquitlam, Rooms 136 &amp; 137:</b>  Saturdays: 10:30 - 11:00 am April 12 – May 17  Sundays: 10:30 – 11:00 am April 6 – May 11	No registration required. Just drop in.  More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>
<b>Coquitlam Public Library</b>	Korean Story Time	We share pictures, songs and rhymes that you can enjoy with your children. For families with children aged 0-5 years old.	<b>City Centre Branch, 1169 Pinetree Way, Room 136 &amp; 137</b>  Mondays: 10:30 – 11:00 am April 7 – May 12  <b>Poirier Branch 575 Poirier St, Nancy Bennett Room:</b>  Tuesdays: 10:30 – 11:00 am April 8 – May 13	No registration. Just drop in.  More information: <a href="https://www.coqlibrary.ca/programs/programs/story-times">https://www.coqlibrary.ca/programs/programs/story-times</a>
<b>Coquitlam Public Library</b>	Mandarin Story Time In partnership with SUCCESS	For caregivers with kids aged 0-5. Welcome to Mandarin story time where we have fun reading stories, singing songs, doing fingerplays and moving to music.	<b>City Centre Branch, 1169 Pinetree Way, Room 136 &amp; 137</b>  Tuesdays: 6:00 – 6:30 pm April 8 – May 13	No registration. Just drop in.  More information: <a href="https://www.coqlibrary.ca/programs/programs/story-times">https://www.coqlibrary.ca/programs/programs/story-times</a>
<b>Coquitlam Public Library</b>	Smiling Creek Elementary	Visit Smiling Creek Elementary on Thursday nights for a story time filled with songs, rhymes, and picture books! No registration, just drop in.	<b>Smiling Creek Elementary, 3456 Princeton Ave</b>  Thursdays 6:15 – 6:45 pm April 10 – June 5	No registration required.  More information: <a href="https://www.coqlibrary.ca/programs-and-events/children">https://www.coqlibrary.ca/programs-and-events/children</a>
<b>Kinsight</b>	Kinsight Playgroup	Infant & Supported child development consultants will be available to chat with you about your child's development.	<b>101 – 2312 St.John's St, Port Moody, BC</b>  Wednesdays: 9:30 – 11:30 am Until June 25	No registration.  Light Snacks will be served.

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<b>Port Moody Public Library</b>	Babytime	Songs, rhymes, bounces, and fun for caregivers and babies. Bring your blanket and enjoy outdoor babytime. For children 0 – 18 months.	<b>Port Moody Public Library, 100 Newport Dr, Port Moody</b>  Wednesdays: 11:00 – 11:30 am March 5 – April 30  Thursdays: 10:00 – 10:30 am March 6 – May 1  Fridays: 11:00 – 11:30 am March 7 – May 2 <i>*No session April 18</i>	No registration. Just drop in.  More information: <a href="https://calendar.portmoodylibrary.ca/default/Month?StartDate=07/01/2024">https://calendar.portmoodylibrary.ca/default/Month?StartDate=07/01/2024</a>
<b>Port Moody Public Library</b>	Storytime	An active family storytime with songs, music, puppets, stories, silliness, and more! Early literacy fun suitable for all ages.	<b>Port Moody Public Library, 100 Newport Dr, Port Moody</b>  Tuesdays: 10:30 – 11:00 am March 4 – April 29  Wednesdays: 10:00 – 10:30 am March 5 – April 30	No registration. Just drop in.  More information: <a href="https://calendar.portmoodylibrary.ca/default/Month?StartDate=07/01/2024">https://calendar.portmoodylibrary.ca/default/Month?StartDate=07/01/2024</a>
<b>SHARE</b>	Clarke Family Drop-In	Toys, arts and crafts, circle time, parenting support and resources. For children 0-6 years and family.	<b>2615 Clarke St, Port Moody</b>  Tuesdays: 9:30 am – 12:00 pm  Wednesdays: 9:30 am – 1:30 pm	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
<b>SHARE</b>	Lincoln Family Drop-In	Toys, arts and crafts, circle time, parenting support and resources. For children 0-6 years and family.	<b>Lincoln Office, 104 – 3020 Lincoln Ave, Coquitlam</b>  Mondays: 4:00 – 6:00 pm  Thursdays: 4:00 – 6:00 pm  Fridays: 9:30 am – 12:00 pm	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
<b>SHARE</b>	Love My Baby	Songs and nursery rhymes. Play, explore and connect with other caregivers. Information on development, parenting & resources in the community. For infants 0-18 months and family.	<b>Tri-Cities Children’s Centre , 101 - 2312 St. John’s St., Port Moody</b>  Fridays: 1:30 – 2:45 pm April 4 – June 20 <i>*No session April 18 &amp; June 6</i>	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018

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SHARE	Circle Time with Different Themes	Circle time, play, fun with different themes (light snacks provided).	<p><b>Lincoln Office, 104 – 3020 Lincoln Ave, Coquitlam</b></p> <p>Mondays Puppet Show: 4:00 – 6:00 pm</p> <p>Thursdays Drawing: 4:00 – 6:00 pm</p> <p>Fridays Yoga: 9:30 am – 12:00 pm</p> <p><b>Clarke Office, 2615 Clarke St, Port Moody</b></p> <p>Dancing/Music Tuesdays: 9:30 am – 12:00 pm</p> <p>Free Play Wednesdays: 9:30 am – 1:30 pm</p>	<p>No pre-registration required.</p> <p>Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018</p>
SHARE	Sensory Play for Neuro-divergent Children	Small group activities (up to 6 families) that engage their sense, enhance eye-hand coordination, explore toys and objects with Family Support Worker.	<p><b>Lincoln Office, 104 – 3020 Lincoln Ave, Coquitlam</b></p> <p>Thursdays: April 17, May 8, 22, June 5 &amp; 19</p>	<p>Pre-registration required.</p> <p>Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018</p>
Spirit of The Children Society	HLULU family Drop-In	For children 0-6 years and family.	<p><b>200 - 2540 Shaughnessy St, Port Coquitlam</b></p> <p>Thursdays and Fridays 9:00 am – 12:00 pm <i>*Updated monthly</i></p>	<p>No registration required.</p> <p>Visit <a href="https://www.facebook.com/sotcs">facebook.com/sotcs</a></p> <p>More information: <a href="https://sotcs.ca/programs/">https://sotcs.ca/programs/</a></p>
S.U.C.C.E.S.S.	Family Resource Centre Parent & Tot Drop-in Program	This program is intended for children ages 0-6 years and their parents. It includes circle time, storytelling and crafts.	<p><b>Family Resource Center at Henderson Office, 2058-1163 Pinetree Way, Coquitlam</b></p> <p>Tuesdays: 12:30 – 2:30 pm</p> <p>Wednesdays and Fridays: Session A: 9:30 – 10:45 am Session B: 11:15am – 12:30 pm</p>	<p>Pre-registration is required biweekly on Wednesday starting at 9:00 am:</p> <p>Cantonese &amp; English: <a href="mailto:ada.sin@success.bc.ca">ada.sin@success.bc.ca</a> Mandarin: <a href="mailto:chloe.chan@success.bc.ca">chloe.chan@success.bc.ca</a> Farsi: <a href="mailto:fatemeh.zakeri@success.bc.ca">fatemeh.zakeri@success.bc.ca</a> Korean: <a href="mailto:eunju.kim@success.bc.ca">eunju.kim@success.bc.ca</a></p>

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Terry Fox Public Library	Storytime	Introduce kids to the love of books and language with Storytime! Children and caregivers will enjoy interactive stories, songs, rhymes, and more. Ages 2-5.	<b>Terry Fox Library, 2150 Wilson Ave, Port Coquitlam</b> <b>Program Rm: 1<sup>st</sup> Floor</b>  Tuesdays: 11:00 – 11:30 am Until June 25	Drop-In. Maximum capacity 52.  For more information: 604-927-7999
Terry Fox Public Library	Baby Time	Make language fun! Help your baby develop speech and language skills. Enjoy bouncing, singing and rhyming with stories. Babytime is a fun, social bonding activity for babies and caregivers. Please note the content repeats on both days. Ages 0-2.	<b>Terry Fox Library, 2150 Wilson Ave, Port Coquitlam</b> <b>Program Rm: 1<sup>st</sup> Floor</b>  Thursdays: 11:00 – 11:30 am  Fridays: 11:00 - 11:30 am Until June 27 <i>*No session April 18</i>	Drop-In. Maximum capacity 52.  For more information: 604-927-7999
Tri-Cities Family Place	Victoria Hall Drop-In	Drop-in program for parents/caregivers of young children ages 0-6 years.	<b>Victoria Hall, 3435 Victoria Dr, Coquitlam</b>  Monday – Friday: 9:30 am – 12:00 pm Until June 20 <i>*No session on statutory holidays</i>	Drop-In. Registration is free: <a href="https://calendly.com/tricityfamilyplace/victoria-hall-2?back=1&amp;month=2024-08">https://calendly.com/tricityfamilyplace/victoria-hall-2?back=1&amp;month=2024-08</a>  For more information: 604-942-4672 <a href="mailto:info@tcfamilyplace.com">info@tcfamilyplace.com</a>
Tri-Cities Family Place	Dad and Tot Night (Indoor)	A casual meeting of Dads, Stepdads, Granddads and other caregivers with children 0 – 6 years old.	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b>  Tuesdays: 6:00 – 7:30 pm March 25, April 1, 8 & 15	Registration required.  <a href="https://calendly.com/tricityfamilyplace/dad-and-tot?back=1&amp;month=2025-1">https://calendly.com/tricityfamilyplace/dad-and-tot?back=1&amp;month=2025-1</a>  For more information: 604-942-4672 <a href="mailto:info@tcfamilyplace.com">info@tcfamilyplace.com</a>
Tri-Cities Family Place	Manning Family Resource Program	Drop-in Program for parents/caregivers of young children	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b>  Fridays and Saturdays: 9:30 – 12:00 pm Until June 21 <i>*No program on statutory holidays</i>	Drop-In. Registration is free.  <a href="https://calendly.com/tricityfamilyplace/manning2?back=1&amp;month=2024-09&amp;date=2024-09-13">https://calendly.com/tricityfamilyplace/manning2?back=1&amp;month=2024-09&amp;date=2024-09-13</a>  Information: 604-942-4672 <a href="mailto:info@tcfamilyplace.com">info@tcfamilyplace.com</a>

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<b>Westcoast Family Centres</b>	EmpowerHer Women's Support Group	Come connect with other women.	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b>  Mondays: 10:00 am – 12:00 pm April 28 – June 16 <i>*No session May 19</i>	Registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
<b>Westcoast Family Centres</b>	Evening Family Resource Program	Come connect with other families and enjoy playtime, stories and free resources. Open to Parents and caregivers with Children 0-6 years old. Light dinner served.	<b>WFC Tri-Cities Office, 2062 Manning Ave, Port Coquitlam</b>  Mondays: 5:00 – 6:30 pm April 27 – June 23 <i>*No session April 21 &amp; May 19 Light dinner served</i>	Registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
<b>Westcoast Family Centres</b>	Story Times and Songs	Join us for Storytime & Songs, an active circle time for families. Registration Required.	<b>YMCA CCRR Office, 1130C Austin Ave, Coquitlam</b>  Tuesdays: 3:15 – 4:15 pm April 1 – June 24	Registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
<b>Westcoast Family Centres</b>	Stay & Play Gym Time	Come be a Birchland Buddy! Drop-in & join us with your little one for a fun open gym program. In partnership with SD43.	<b>Birchland Elementary School Gym, 1331 Fraser Ave, Port Coquitlam</b>  Tuesdays: 9:30 – 11:00 am April 29 – June 3 <i>*No session May 13</i>	No registration required.  Information: If you have any questions about this group, please email: <a href="mailto:shawna.comey@westcoastfamily.org">shawna.comey@westcoastfamily.org</a>
<b>Westcoast Family Centres</b>	Power of Play	Come join us for a fun-filled drop-in. A Family Navigator will be there for all your resource needs!	<b>WFC Tri-Cities Office, 2062 Manning Ave, Port Coquitlam</b> <i>*around back</i>  Wednesdays: 9:30 – 11:30 am April 2 – June 11 <i>*No session April 30</i>	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>
<b>Westcoast Family Centres</b>	Baby & Me	Come play with your little one and connect with other parents & babies!	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b> <i>*Follow signs to classroom</i>  Wednesdays: 12:00 – 2:00 pm April 2 – June 11	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>

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Westcoast Family Centres	Snack and Play Connect with Community	Come play with your little one and connect with other parents and children.	<b>Seaview Elementary, 1215 Cecile Dr, Port Moody</b>  Wednesdays: 6:00 – 7:30 pm May 7 – June 18 <i>*No session April 30</i>	Registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Art in the Park	Come and explore art in the park with your little one.	<b>Castle Park in Port Coquitlam, 2252 Castle Crescent, Port Coquitlam,</b> <i>*Meet at picnic shelte</i>  Thursdays: 10:00 – 11:30 am April 24, May 22, June 5	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Circle Time in the Park	Join us for story time and songs in the Park.	<b>Castle Park in Port Coquitlam, 2252 Castle Crescent, Port Coquitlam,</b> <i>*Meet at picnic shelte</i>  Thursdays: 1:00 – 2:00 pm April 24, May 22, June 5	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Tactile Thursdays	Join us for hands on exploration and sensory experiences.	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b>  Thursdays: 10:30 – 11:30 am April 24 – June 19	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Forest Fridays – Connect with Nature	Bring the family and join us for a walk in the woods of Mundy Park. Rain or Shine.	<b>Mundy Park, 641 Hillcrest St, Coquitlam</b>  Fridays: 3:30 – 4:30 pm April 18 – June 27 <i>*No Session June 6</i>	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Dinner & Story	Bring the family to meet others in your community as we gather for a light dinner & story. Registration Required	<b>Chateau De Ville, 1111 Brunette Ave, Coquitlam (Community room in the middle of the complex)</b>  Fridays: 5:45 – 6:45 pm May 2, 16 & 30, June 13 & 27	Registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Crafting Connections	Come drop-in for a free Caregiver make & take crafting session with Elder Maria Reed, child minding provided.	<b>WFC Tri-City Office, 2062 Manning Ave, Port Coquitlam</b>  Fridays: 10:00 am – 12:00 pm April 11, May 30 and June 20	No registration required. <i>*Limited childminding</i>  Information: If you have any questions about this group, please email: <a href="mailto:shawna.comey@westcoastfamily.org">shawna.comey@westcoastfamily.org</a>

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Westcoast Family Centres	Sunday Strolls	Bring the family to join us for a walk around Como Lake, then stay and play in the playground. Rain or Shine.	<b>Como Lake, 700 Gatsensbury St, Coquitlam (Meet at the playground)</b>  Sundays: 12:00 – 1:00 pm April 20 – June 1	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>  <a href="http://www.westcoastfamily.org/events-calendar">www.westcoastfamily.org/events-calendar</a>
Westcoast Family Centres	Little Explorers	Join us for songs, action rhymes, and early literacy activities.	<b>Coquitlam Public Library Poirier Branch, 575 Poirier St, Coquitlam (Meet in Nancy Bennett Room)</b>  Sundays: 2:00 – 3:00 pm April 27 – June 1 <i>*No Session May 18</i>	No registration required.  More information: <a href="https://www.coqlibrary.ca/programs-and-events/children">https://www.coqlibrary.ca/programs-and-events/children</a>

### Strong Start Centres in School District 43

Strong Starts are free drop-in early learning programs for children aged 0-5 years, accompanied by a parent or caregiver. There are 10 Strong Start Centres in SD43.

IN-CLASS SESSIONS		
MORNING 8:45 – 11:45 am		
Bramblewood	Cedar Drive	Coquitlam River
Kilmer	Moody Middle <i>*Forest Fridays Outdoors*</i>	Mundy Road
Rochester	Riverview Park	Seaview
Afternoon 12:45 – 3:45 pm		
Birchland	Mundy Road	

Registration and closure dates: [https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/="](https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=)

Strong Starts re-open April 1, 2025

Updated: March 2025\*

\*Please be aware that some of these programs are subject to change.



### YMCA Child Care Resource & Referral

1130 C Austin Avenue, Coquitlam BC V3K 3P5  
604-931-3400

[ygv.ccrr@bc.ymca.ca](mailto:ygv.ccrr@bc.ymca.ca)  
[www.gv.ymca.ca/ccrr](http://www.gv.ymca.ca/ccrr)

[www.gov.bc.ca/ChildCareResourceReferralCentres](http://www.gov.bc.ca/ChildCareResourceReferralCentres)