

Aquatics Schedule: July 01, 2025 - August 17, 2025

Stat Holidays: July 01, Aug 04, Sept 01 - No Group Fitness Classes, Pool or Programs

Morning Swim Lessons Begin: July 08; Pool Maintenance Closure: Aug 18-Sept 01

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open/Lane swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/ Lane Swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/Lane Swim 6:30am-8:00am	Pool Closed	Pool Closed
Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Open/Lane swim 8:00am - 9:00am	
Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 9:45am	Open Swim 9:00am- 9:30am	Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 11:00am	Y Aquafit 9:00am - 9:45am	
Adult Water Walking 10:00am - 10:30am	Y Aquafit 10:00am - 10:45am	Swim Lessons / 1 Lane and Hot Tub 9:30am - 11:00am	Y Gentle Aquafit 10:00am - 10:30am			
Open/Lane Swim 10:30am - 7:00pm			Open/Lane Swim 10:30am - 11:00am	Swimming Lessons Only 10:00am - 3:00pm		
	Swim Lessons Only 11:00am - 12:30pm	Swim Lessons Only 11:00am - 12:30pm	Swim Lessons Only 11:00am - 12:30pm		Swim Lessons Only 11:00am - 12:30pm	
	Swim Lessons / 1 Lane and Hot Tub 12:30pm - 1:30pm	Swim Lessons / 1 Lane and Hot Tub 12:30pm - 1:30pm	Swim Lessons / 1 Lane and Hot Tub 12:30pm - 1:30pm		Swim Lessons / 1 Lane and Hot Tub 12:30pm - 1:30pm	
	Open/Lane Swim 1:30pm - 4:00pm	Lane Swim 1:30 - 2:00	Open/Lane Swim 1:30pm - 4:00pm		Lane Swim 1:30 - 2:00	
		Adult Water Walking 2:00pm - 2:30pm			Adult Water Walking 2:00pm - 2:30pm	
		Open/Lane Swim 2:30pm - 4:00pm			Open/Lane Swim 2:30pm - 4:00pm	
Swimming Lessons Only 4:00pm - 7:00pm	Swim Lessons / 1 Lane and Hot Tub 4:00pm - 7:00pm	Swimming Lessons Only 4:00pm - 7:00pm	Swim Lessons / 1 Lane and Hot Tub 4:00pm - 7:00pm	Open/Lane Swim 3:00pm - 6:00pm	Family Swim 12:30pm - 5:00pm	
Y Aquafit 7:15pm-8:00pm	Open/Lane Swim 7:00pm - 8:30pm	Open/Lane Swim 7:00pm-8:30pm	Y Aquafit 7:15pm-8:00pm	Open/Lane Swim 7:00pm - 8:30pm	Facility closes at 7pm	Facility closes at 7pm
Open/Lane Swim 8:00pm-8:30pm			Open/Lane Swim 8:00pm-8:30pm			
Please Note: Lifeguarding courses may occur in the pool area anytime.				UPDATED Summer 2025		
Pre-registration on Y app for classes recommended. Ask membership staff for more details.			Fitness Programs Members Only (Non-members See Front Desk)	Open/Lane Swim Non-members Pay Drop in Fee	** 1 Lane Available Other Lanes Reserved for Swim Lessons	Swim Lessons Registrants Only