



Child, Youth and Family Schedule

Room Guide: (PRA) Playroom A - (PRB) Playroom B - (Reg.) Registered Program - (S) Studio (G) Gymnasium - (CM) Childminding Room

| MONDAY | | WEDNESDAY | | FRIDAY | SATURDAY | SUNDAY | | | | |
|---|---|--|---|---|--|--|--|--|--|--|
| MONDAT | TOESDAT | | | | | SONDAT | | | | |
| Morning/ Afternoon – 9:00 a.m 3:00 p.m. **Gym Shoes Required in the Gym – Must Sign your child in/out with a CYF staff present and MUST show ID! | | | | | | | | | | |
| Childminding (CM) | Baby Bears, Circle Time (CM) 9:15am-10:00am (0-4yrs) | Childminding (CM) 9:00am-12:30pm (6wks-5yrs) | Baby Bears, Circle Time (CM) 9:15am-10:00am (0-4yrs) | Childminding (CM) 9:00am-12:30pm (6wks-5yrs) | Childminding (CM) 9:00am- 12:30pm (6wks-5yrs) | Family Playtime (PLA) 10:00am- 1:00pm (0-5yrs with parent) | | | | |
| Indoor Family Playground (G) 9:30am-12pm (0-5 yrs w/parent) | Family Playtime (CM) 10:00am- 12:30pm (0-5yrs w/parent) | Indoor Family Playground (G) 9:30am-12pm (0-5 yrs w/parent) | Family Playtime (CM) 10:00am- 12:30pm (0-5yrs w/parent) | | Indoor Family Playground- Bouncy Castle (G) 9:30am- 12pm (0-12yrs w/parent) | | | | | |
| (Reg.) Summer Kids (G/PRA/PRB) 9:00am-4:30pm | (Reg.) Summer Kids (G/PRA/PRB) 9:00am-4:30pm | (Reg.) Summer Kids (G/PRA/PRB) 9:00am-4:30pm | <mark>(Reg.) Summer</mark> Kids (G/PRA/PRB) 9:00am-4:30pm | (Reg.) Summer Kids (G/PRA/PRB) 9:00am-4:30pm | | | | | | |
| Evening – 4:00 p.m 9:00 p.m. | | | | | | | | | | |
| Childminding (CM) 4:00pm- 7:30pm (6wks-5yrs) | Childminding (CM) 4:00pm- 7:30pm (6wks-5yrs) | Childminding (CM) 4:00pm-7:30pm (6wks-5yrs) | Sports (G) 4:00pm-6:00pm (5-12yrs) | Family Playtime (PRA) 4:00pm- 7:00pm (0-12yr with parent) | | | | | | |
| (Reg.) Little Kickers (G) 4:00pm-5:00pm (5-8yrs) | Basketball (G) 4:30pm-5:30pm (5-12yrs) and Active Kids (G) 5:30pm-6:00pm (5-12yrs) | (Reg.) Little Kickers (G) 4:00PM-5:00PM (5-8yrs) | | Musical Arts/Kids Club (PRB) 4:30pm-8:00pm (5-12yrs) | Family Playtime (CM) 4:00pm- 7:30pm (0-5yrs with parent) | | | | | |
| Kids Club (PRA) 4:00pm-6:00pm (5-12yrs) | Family Playtime (PRA) 4:30pm- 8:00pm (0-12yrs) with Parent | Kids Club (PRA) 4:00pm-6:00pm (5-12yrs) | Family Playtime (PRA) 4:30pm- 8:00pm (0-12yrs) with Parent | | | | | | | |
| Sports (G) 5:00pm-6:00pm (5-12yrs) | (Reg.) Karate (S) 6:00pm-7:00pm | Sports (G) 5:00pm-6:00pm (5-12yrs) | (Reg.) Karate (S) 6:00pm-7:00pm | | | | | | | |
| Games Galore (PRA) 6:00pm-8:00pm (5-12yrs) | Games Galore (PRB) 6:00pm-8:00pm (5-12yrs) | Games Galore (PRA) 6-8:00pm (5- 12yrs) STEM PLAY ROOM B 5-7 PM | | | | | | | | |
| **Gym Shoes Required in the Gym – Must Sign your child in/out with a CYF staff present and MUST show ID! | | | | | | | | | | |

YMCA BC

Bettie Allard YMCA

Child, Youth and Family Descriptions and Fees

| Program | Age | Program Description | Member Fee | Non- Member Fee |
|-----------------------------|----------|---|---------------------------|--------------------------|
| Family Play Time | 0-12 | Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. Parent/Guardian supervision is required. | Included in membership | \$5.00 |
| Indoor Family Playground | 0-12 | The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. Parent/Guardian supervision is required. | Included in membership | \$5.00 |
| Childminding | 6wks-5 | Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. Parent/Guardian must stay in the building. | \$3.00 per 30 minutes | \$5.00 per 30 minutes |
| Little Kickers | 5-8 | Skills developmental play taught by a Coquitlam Metro Ford Soccer Gold Player, 2 sessions per week. Advanced booking on the YMCA BC app is required. | \$25.00 for 4 weeks | NA |
| Baby Bears | 0-4 | Circle time with Story time and singing. | Included in membership | \$5.00 |
| Kids Club | 5-12 | We invite children to come and enjoy playing board games, build social and emotional skills all while making new friends. Parent/Guardian must stay in the building | Included in membership | NA |
| Karate | 7 and up | Karate Program will focus on the traditional teachings of the martial arts and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. Advanced booking online at myymca.ca or at the front desk is required. | \$260 | \$325 |
| Zumbini | 0-4 | When is doubt dance it out with your littles. Your children will learn through play, great bonding experience with your little and meet new friends. Registered program. | \$40 for 8 weeks | \$40 for 8 weeks |
| Games Galore | 5-12 | During this time, your child will interact with their friends, while engaging with a variety of board games in Y Play B. | Included in membership | NA |
| Active Kids | 5-12 | Gym plays with a mix use of equipment, relays, games and parachute play. | Included in membership | NA |
| Sports | 5-12 | During this drop off program, your child will learn basic sports skills and play skills with the direction of our staff while playing sports activities. | Included in membership | NA |
| STEM | 5-12 | Explore the World of Science Tech, Engineering and MATH in the fun, hand on team program | \$25.00 for 4 sessions | NA |