

Updated on July 2, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning – Open to 12:00pm						
Reserved Table Tennis 8:00- 11:45am	Reserved – Private group 10am-12pm	Member Coffee Hour 9:00-10:00am	Reserved Table Tennis 8:00- 11:45am	Reserved Table Tennis 8:00- 11:45am	Reserved Table Tennis 8:00- 11:45am	Reserved Table Tennis 8:00-11:45am
					Y Cardio Dance 10:30-12:00pm	
Afternoon – 12:00pm to 4:00pm						
Reserved Table Tennis 3:00-5:15pm	Reserved Table Tennis 3:00-5:15pm	Reserved Table Tennis 12:00-5:15pm	Reserved Table Tennis 3:00-5:15pm	Reserved Table Tennis 3:00-5:15pm	Drop In Table Tennis 12:15-3:00pm	Drop in Table Tennis 12:00-4:30pm
					Reserved Table Tennis 3:00-4:30pm	
Evening – 4:00pm to Close						
Drop in Table Tennis 5:15-6:15pm	Drop in Table Tennis 5:15-8:45pm	Y Boxing 5:30-6:30pm	Drop in Table Tennis 5:15-6:45pm	Drop in Table Tennis 5:15-8:45pm		
		Y Line Dance-Begin 7:00-8:30pm	Y Cardio Dance 7:00-8:00PM			

Maximum Table Tennis booking PER GROUP (2+ members) is 2 sessions per day (1.5 hrs total).

This schedule is subject to change without warning

Please allow 15 minutes for set up and take down times