



# Child, Youth and Family Schedule

Updated July 17, 2025

## Room Guide:

(E) East Gymnasium · (C) 5th Floor · (A) Active Living Studio 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning						
Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Family Playtime (C) 9:30-1pm
Indoor Family Playground (E) 9:30-12pm					Family Playtime (C) 9:30-1pm	
Evening						
Kid’s Futsal (E) 4:15-5:15pm	Little Spoons (C) 4-5:30pm Check Dates Below	Childminding (C) 4:30-7:30pm	Kid’s Basketball (E) 4:15-5:15pm	Childminding (C) 4:30-7:30pm		
Childminding (C) 4:30-7:30pm			Family Playtime (C) 4:30-7:30pm	Family Playtime (C) 4:30-7:30pm		
Family Playtime (C) 4:30-7:30pm	Family Playtime (C) 4:30-7:30pm					
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# Child, Youth and Family Descriptions and Fees

Program	Age	Program Description	Member Fee	Non-Member Fee
<b>Family Play Time</b>	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. <b>Parent/Guardian supervision is required.</b>	Included in membership	\$5.00
<b>Indoor Family Playground</b>	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. <b>Parent/Guardian supervision is required.</b>	Included in membership	\$5.00
<b>Childminding</b>	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. <b>Parent/Guardian must stay in the building.</b>	\$3.00 per 30 minutes	\$5.00 per 30 minutes
<b>Little Spoons</b>	2-8	Is a creative and hands-on program designed for children. They can explore various artistic activities and develop their creativity. <b>Parent/Guardian involvement and supervision is required for children under 4 yrs.</b> Jul 8 & 22, Aug 5 & 19, Sep 2 & 16	\$8.00	\$12.00
<b>Kid's Futsal and Basketball</b>	6-12	Your child will enjoy themselves, meet friends, and learn the importance of fair play via fundamental sports throughout this program. While playing, kids would run, jump, shoot, and pass. <b>Advanced booking on the YMCA BC app is required.</b>	Included in membership	\$10.00