

YMCA CCRR Newsletter July 2025



Funding for the CCRR is provided by the Province of British Columbia.

YMCA CCRR Workshops

<u>Sun Safe Kids: Protecting children from</u>
<u>UV exposure</u> – Jul 9th, 7:00 PM - 9:00
PM, Coquitlam CCRR, \$5.00

Balanced Snacks and Lunches for School and Child Care – Jul 17th, 7:00 PM - 9:00 PM, Online, \$5.00

The Capable and Confident Infant (RIE)

– Jul 23rd, 7:00 PM - 9:00 PM,

Coquitlam CCRR, \$10.00

<u>Polyvagal-Informed Teaching: Co-Regulation & Connection</u> – Jul 31st, 7:00 PM - 9:00 PM, Online, \$10.00

Visit myymca.ca to register!

YMCA CCRR Event Photos







Did you get photographed at one of our events? Check out our social media @YMCACCRR to see if you were featured!

YMCA CCRR Program News

This summer at the YMCA CCRR promises to be bustling with excitement as we host free, weekday programming for children aged 0-6 at select outdoor parks in Burnaby, Coquitlam, and New Westminster. Join us for engaging stories, fun activities, circle time, and much more! For additional information, please refer to the poster for your local community: Burnaby — Maywood Park | Coquitlam — Glen Park | Coquitlam — Cottonwood Park | New Westminster — Queen's Park.

Join us this July and August at our Burnaby and Coquitlam offices for drop-in circle times every Saturday! There's no need to register—just drop by and enjoy a lively session with our CCRR consultants. You'll experience a delightful mix of tunes, tales, melodies, and movements! For details on the location, dates, and timing, please refer to these links: Burnaby | Coquitlam

Did you participate in or hear about our Child Care Provider Appreciation events held in May? We had a fantastic gathering of child care providers from our community who came together to celebrate, learn, share a meal, connect, and even win prizes! We are continually grateful for the invaluable contributions child care providers make to our community. You are strong, resilient, and essential. Included in this newsletter, you'll find just a few of the numerous photos captured during these great events.









YMCA CCRR Program Features

Our <u>Summer Professional Development Schedule</u> is thriving, offering a wide variety of workshops through the end of September, ensuring there's something for everyone. If you haven't already read about our mini-conference event in September at the Executive Inn Plaza, be sure not to miss it! This event includes five hours of professional development, delicious food, exciting prizes, and gift bags—all for just \$10. Register here for "Neurodiverse-Affirming Behavioural Detectives," presented by Kim Barthel and the Relationship Matters Team.

Our Summer Seasonal Resource sheet is now available! Are you seeking fresh provocations and inspiration for the upcoming warm months? If so, take a look here!

We hope you had a wonderful Pride Month! At the YMCA CCRR, we are dedicated to fostering inclusion and helping families and child care providers understand and celebrate 2SLGBTQI+ identities. Through our Early Learning Library portal, we invite resource borrowers to explore our Pride tag. We provide materials aimed at encouraging conversations about Pride with the children in your care. If you need suggestions on how to start these discussions, please don't hesitate to get in touch! :)

Free Community Events

<u>Canada Day 2025 - Events in Greater</u> <u>Vancouver</u> - July 1st.

<u>Farmer's Market Sundays</u> – Sundays, 11:00 AM–2:00 PM, Brentwood Boulevard, Free!

<u>Summer Sundays Live Music</u> – Begins July 6, 2:00 PM, Rocky Point Park, Free!

<u>PoCo Spray Day</u> – July 9, 1:00 PM–3:00 PM, PoCo Community Centre, Free!

Moonlight Movies Series – July 10, 8:00 PM–11:00 PM, Queen's Park South Field, Free!



<u>Tirgan Festival</u> – July 12, 12:00 PM– 10:00 PM, Town Centre Park, Free!

Opera in the Park – July 13, 7:30 PM–9:30 PM, Deer Lake Park Festival Lawn, Free!

<u>Pride in PoCo</u> – July 20, 2:00 PM-5:00 PM, Leigh Square, Free!

<u>Caribbean Days Festival</u> – July 26 at 10:00 AM & July 27 at 11:00 AM, Town Centre Park, Free!

Q to Q History Blitz Tour – Selfguided audio tour anytime, New West riverfront esplanade & Q to Q Ferry, Free!

Family Resources

The YMCA CCRR Bettie Allard Drop-in Program will be closed for the summer, beginning Thursday, June 26, and will reopen on Tuesday, September 2, 2025.

Additionally, the Tiny Tunes drop-in program, previously held at our Coquitlam office in collaboration with West Coast Families, will take place this summer at the Tri-Cities Westcoast Family Center in Port Coquitlam.

For more information about family programs available in your local community this summer, please visit the <u>drop-in programs</u> page on our website.

Child Care News

<u>ChildCareBC Bulletin</u>'s latest update contains information about the following:

- Reminder: Submit your application to the ECE Education Support Fund by end of day June 27
- · Indigenous History Month
- Pride Month
- Reminder: Emergency Management Resource Package and Key Contacts

Fraser Health - Extreme Heat: Schools & Childcare Facilities: Schools and child care facilities are advised to recognize the signs of heat exhaustion and heat stroke, and to ensure extreme heat is addressed in their emergency preparedness plans.

ECPN - Newsletter, ISSUE 28 (June 2025): Highlights Child Care Month in B.C. and the 2025 ECEBC Conference in Richmond and Kamloops. ECPN showcased pedagogists' work and resources, fostering connections with educators. The conference facilitated discussions on innovative approaches to curriculum, care, and the complexities of early childhood education through collaboration between educators and pedagogists.

Articles of Interest

CommunityPlayThings - Promoting
Collaborative Play in the Outdoors: Imagine
the last time you worked collaboratively with
others. If you're part of a teaching team in
early education, this is likely a regular
occurrence. What supports the dynamic of
working well with others? Is there a low-stress
environment that promotes flow and openended thinking? Do you have uninterrupted
time to explore ideas together?



1 piece of chalk, 8 sidewalk chalk games

Sidewalk chalk is a fun and inexpensive toy for kids of all ages! Try some of these sidewalk chalk games with your child this season.

- Active For Life/Jul 6, 2017



100+ outdoor play activities for kids

From games and activities to good oi' scavenger hunts, here are over 100 of our best outdoor play ideas for your kids.

Active For Life / Aug 5, 2022

California Partners Project - Movement and Outdoor Activity Family Guide: Screens are a part of life, but movement is essential for growth and well-being. While technology can create tension in family life, outdoor activities provide a chance to reconnect. This guide offers bitesized, family-tested ideas to help kids and caregivers reclaim outdoor play and active habits.

YMCA CCRR ... Did you know?

Did you know you can borrow toys, books, and learning materials from us for free?

• Our lending library is open to both families and child care providers—perfect for encouraging play and learning without the added cost.

Did you know we can help you apply for child care benefits and grants?

• Whether you're a parent or a provider, we offer one-on-one support to navigate programs like the Affordable Child Care Benefit and Child Care Fee Reduction Initiative.

Did you know we offer more than just child care referrals?

• From parenting workshops and family drop-ins to provider networking and supportive site visits, we're here to support your growth every step of the way.

Early Learning Library Corner ... Susan's Lending Library Resource Picks!

These natural sorting trays are ideal for helping children develop their sorting, categorizing, and early numeracy skills. By offering these open-ended materials, you encourage exploration, turn-taking, and the nurturing of their imagination. Including tweezers can further enhance fine motor skills and coordination.









Social Media & YMCA CCRR Early Learning Library

On our social media platforms, we frequently showcase resources through our Exploring Materials series. Moreover, our Virtual Story Times highlight our resources in use, complete with song suggestions. Follow us to explore these offerings!



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