

Aquatics Schedule: Sept 02- Dec 20 2025

Stat Holidays: Sept 01, Sept 30, Oct 13, Nov 11 - No Group Fitness Classes, Pool or Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Open/Lane swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/ Lane Swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/Lane Swim 6:30am-8:00am	Pool Closed	Pool Closed	
Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Open/Lane swim 8:00am - 9:00am		
Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 2:00pm	Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 2:00pm	Y Aquafit 9:00am - 9:45am		
Adult Water Walking 10:00am - 10:30am	Y Aquafit 10:00am - 10:45am		Y Gentle Aquafit 10:00am - 10:30am		Swimming Lessons Only 10:00am - 3:00pm		
Open/Lane Swim 10:30am - 7:00pm	Open/Lane Swim 10:45am - 4:00pm		Open/Lane Swim 10:30am - 4:00pm			Adult Water Walking 2:00pm - 2:30pm	
		Open/Lane Swim 2:30pm - 4:00pm		Open/Lane Swim 2:30pm - 4:00pm			
					Swimming Lessons Only 4:00pm - 7:00pm		Swim Lessons / 1 Lane and Hot Tub 4:00pm - 7:00pm
	Swimming Lessons Only 4:00pm - 7:00pm		Swim Lessons / 1 Lane and Hot Tub 4:00pm - 6:00pm				
Open/Lane Swim 3:00pm - 6:00pm		Family Swim 12:30pm - 5:00pm					
				Pool Closed			
	Y Aquafit 7:15pm-8:00pm		Open/Lane Swim 7:00pm - 8:30pm		Open/Lane Swim 7:00pm-8:30pm	Y Aquafit 7:15pm-8:00pm	Open/Lane Swim 6:00pm - 8:30pm
Open/Lane Swim 8:00pm-8:30pm	Open/Lane Swim 8:00pm-8:30pm						
Please Note: Lifeguarding courses may occur in the pool area anytime.				UPDATED Summer 2025			
Pre-registration on Y app for classes recommended. Ask membership staff for more details.			Fitness Programs Members Only (Non-members See Front Desk)	Open/Lane Swim Non-members Pay Drop in Fee	** 1 Lane Available Other Lanes Reserved for Swim Lessons	Swim Lessons Registrants Only Hot Tub Closed	