



Child, Youth, and Family Programs

Schedule starting Sept 02 2025

Stat Holidays: Sept 01, Sept 30, Oct 13, Nov 11 - No Group Fitness Classes, Pool or Programs						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am - 10:15am	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room
	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4
						Multi-Sports 6 - 12 yrs Gymnasium
10:30am - 11:45am	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room
	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4
						Games Galore 6 - 12 yrs Multipurpose Room 2
12:00pm-4:30pm	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	Family Playtime 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4
	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium	Youth Sports Drop-in 12-16 yrs 3:30pm-4:30pm Gymnasium		
	Y Play 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	Y Play 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room		Family Open Gym Drop-in 2:30-4:30pm Gymnasium
		Youth Board Game Café 12-16yrs 4:30pm- 6:00pm			Youth Sports 12-16 yrs old 4:30pm-5:30pm Gymnasium	Youth Sports 12-16 yrs old 4:30pm-5:30pm Gymnasium
5:15pm - 6:30pm	Y Play 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	Y Play 3 months- 3 yrs <i>Pre-register only</i> Y Play Room		
	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	Creative Play 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4		
	Games Galore 6 - 12 yrs Multipurpose Room 2	Multi-Sports 6 - 12 yrs Gymnasium	Games Galore 6 - 12 yrs Multipurpose Room 2	Games Galore 6 - 12 yrs Multipurpose Room 2		
					Facility closes for the day at 7pm	Facility closes for the day at 7pm
6:45pm-8:00pm	Games Galore 6 - 12 yrs Multipurpose Room 2	Multi-Sports 6 - 12 yrs 1/2 Gymnasium	Games Galore 6 - 12 yrs Multipurpose Room 2	Games Galore 6 - 12 yrs Multipurpose Room 2		

Updated SEPTEMBER 2025

Membership is required for all CYF programs.
Please show up within fifteen minutes of your program's start. After fifteen minutes spaces in program will be offered to waitlisted participants.