

## **Cheam Leisure Centre -** Aquatics



Fall Schedule: September 1 – December 21, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			MORNING			
Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Swim Club
6:00am-8:25am <i>6 lanes</i>	6:00am-2:00pm <i>3 lanes</i>	6:00am-9:25am <i>3 lanes</i>	6:00am-8:25am <i>6 lanes</i>	6:00am-8:25am <i>3 lanes</i>	7:00am-9:00am <i>6 lanes</i>	7:30am-11:30am 6 lanes & leisure
Leisure Swim	Lifesaving Club	Lifesaving Club	Leisure Swim	Leisure Swim	Leisure Swim	Lane Swim
6:00am-9:30pm	7:15am-9:15am <i>3 lanes</i>	7:15am-9:15am 3 lanes	6:00am-9:30pm	6:00am-9:30pm	7:00am-6:00pm	11:30am-2:30pn 3 lanes
Blended Aquafit	Leisure Swim	Leisure Swim	Blended Aquafit	Swim Club	Swim Lessons	Swim Lessons
8:30am-9:30am	6:00am-9:30pm	6:00am-9:30pm	8:30am-9:30am	6:15am-7:15am	9:00am-1:00pm	11:30am-2:30pr
Main pool			Main pool	3 lanes	3 lanes	3 lanes & leisure
Swim Lessons		Blended Aquafit	Lane Swim	Blended Aquafit	Lane Swim	
10:00am-11:30pm		9:30am-10:30am	9:30pm-2:00pm	8:30am-9:30am	9:00am-1:00pm	
Leisure pool		Main pool	3 lanes	Main pool	3 lanes	
Shallow Aquafit		Swim Lessons		Shallow Aquafit		
10:00am-10:45am		10:00am-11:30pm		10:00am-10:45am		
Main Pool		Leisure pool & 3 lanes		Main Pool		
			AFTERNOON			
Public Swim	Physio Swim	Public Swim	Physio Swim	Public Swim	Public Swim	Public Swim
12:30pm-4:00pm	12:30pm-2:00pm	12:30pm-4:00pm	12:30pm-2:00pm	10:45pm-9:30pm	1:00pm-6:00pm	2:30pm-8:30pm
1 lane	3 lanes	1 lane	3 lanes	1 lane	1 lane	1 lane
	Public Swim		Public Swim			
	2:00pm-4:00pm		2:00pm-4:00pm			
	1 lane		1 lane			
			EVENING			
Swim Club	Swim Lessons	Swim Club	Swim Lessons			
4:00pm-6:30pm	4:00pm-7:00pm	4:00pm-6:30pm	4:00pm-7:30pm			
4 lanes	Leisure & 2 lanes	4 lanes	Leisure & 2 lanes			
Swim Club	Swim Club	Swim Club	Swim Club			
6:30pm-8:30pm	4:00pm-6:30pm	6:30pm-8:30pm	4:00pm-6:30pm			
4 lanes	4 lanes	4 lanes	4 lanes			
Lane Swim	Blended Aquafit	Lane Swim	Public Swim			
4:00pm-8:30pm 2 lanes	7:00pm-8:00pm <i>Main pool</i>	4:00pm-8:30pm <i>2 lanes</i>	7:30pm-9:30pm <i>1 lane</i>			
2 lattes		2 Idiles	1 Idile	<del>                                     </del>		
	<b>Public Swim</b> 8:00pm-9:30pm					
	1 lane					
		A challow family friendly co			_	

Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna.

Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna.

Lane Swim: A time when lanes are available for lane swim.