



Cheam Leisure Centre – Child, Youth & Family



Fall Schedule: September 1 – December 21, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning						
Childminding (D) 8:00am-10:30am <i>Childminding Room</i>		Childminding (D) 8:00am-10:30am <i>Childminding Room</i>	Childminding (D) 8:00am-10:30am <i>Childminding Room</i>		Gym Birthday Party (R) 11:30am-1:30pm <i>Party Room 1</i>	Indoor Family Playground (D) 8:00am-10:45am <i>South Gym</i>
		Indoor Family Playground (D) 9:30am-12:00pm <i>South Gym</i>				
Afternoon						
			Indoor Family Playground (D) 2:15pm-4:45pm <i>South Gym</i>		Pool Birthday Party (R) 2:30pm-4:30pm <i>Party Room 2</i>	Pool Birthday Party (R) 2:30pm-4:30pm <i>Party Room 1</i>
Evening						
	Active Kids (A) 4:00pm-5:15pm <i>North Gym</i>		Childminding (D) 5:30pm-8:00pm <i>Childminding Room</i> 5:30pm-8:00pm	Pool Birthday Party (R) 6:30pm-8:30pm <i>Party Room 2</i>	Gym Birthday Party (R) 4:30pm-6:30pm <i>Party Room 2</i>	Gym Birthday Party (R) 4:30pm-6:30pm <i>Party Room 2</i>
	Growing Mindfully* (A) 4:30pm-6:30pm <i>South Gym</i>					
	Childminding (D) 5:30pm-8:00pm <i>Childminding Room</i>					

Guide: Drop-in (D), Registered Activity (A), Reservation required (R)

*Growing Mindfully runs October 7th – December 9th. To register please email: mentalwellness@bc.ymca.ca

To register for Active Kids, School's Out! Kids, reserve a birthday party and see our special events, please visit: [Cheam Leisure Centre | YMCA BC](#)

Please note that there are no CYF programs on the holidays of September 1st, September 30th, October 13th, and November 11th

This schedule is subject to change, please contact 604-824-0231 for any schedule inquiries.