

Child, Youth and Family Schedule

Effective Sept. 1, 2025

Room Guide: (PRA) Playroom A - (PRB) Playroom B - (Reg.) Registered Program - (S) Studio

(G) Gymnasium - (CM) Childminding Room **MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY** Morning/ Afternoon - 9:00 a.m. - 3:00 p.m. **Gym Shoes Required in the Gym – Must Sign your child in/out with a CYF staff present and MUST show ID! **Family Playtime** Childminding Baby Bears, Baby Bears, Childminding Childminding Childminding (CM) (PLA) 10:00am-Circle Time (CM) (CM) Circle Time (CM) (CM) 9:00am-(CM) 9:00am-12:30pm 1:00pm 9:00am-12:30pm 9:15am-10:00am 9:15am-10:00am 9:00am-12:30pm 12:30pm (6wks-5yrs) (0-5yrs with (0-4yrs) (6wks-5yrs) (0-4yrs) (6wks-5yrs) (6wks-5yrs) parent) **Indoor Family Indoor Family Family Playtime Indoor Family Family Playtime Indoor Family** Playground-Playground (G) (CM) 10:00am-Playground (G) (CM) 10:00am-Playground (G) **Bouncy Castle** 12:30pm 9:30am-12pm 12:30pm 9:30am-12pm (G) 9:30am-9:30am-12pm (0-5 yrs w/parent) (0-5yrs w/parent) (0-5 yrs w/parent) (0-5 yrs w/parent) (0-5yrs w/parent) 12pm (0-12vrs w/parent) Starting Sept. 12th (Reg.) Zumbini (PRB) 10:00am-10:45am Evening - 4:00 p.m. - 9:00 p.m. **Family Playtime** Childminding Childminding Mini Kickers Starting Sept. Childminding (CM) (PRA) 4:00pm-14th (Reg.) (CM) 4:00pm-(CM) 4:00pm-(1/2 G) 4:00pm-4:00pm-7:30pm 7:00pm 7:30pm Zumbini (PRB) 7:30pm 4:45pm (6wks-5yrs) (0-12yr with (6wks-5yrs) (6wks-5yrs) (2.5-4yrs) 4:30pm-5:15pm parent) Basketball (G) Musical Baby Bears, 4:30pm-5:30pm (Reg.) **Y** (Reg.) **Y** Arts/Kids Club Sports (1/2 G) Circle Time (CM) KICKERS(G) KICKERS (G) (5-12yrs) and 4:00pm-6:00pm (PRB) 4:00pm-7:30pm 4:00pm-5:00pm Active Kids (G) 4:00PM-5:00PM (5-12yrs) 4:30pm-8:00pm (0-5yrs with (5-8yrs) (5-8yrs) 5:30pm-6:00pm (5-12yrs) parent) (5-12yrs) **Family Playtime Family Playtime** Kids Club (PRA) Kids Club (PRA) (PRA) 4:30pm-(PRA) 4:30pm-4:00pm-6:00pm 4:00pm-6:00pm 8:00pm (0-12yrs) 8:00pm (0-12yrs) (5-12yrs) (5-12yrs) with Parent with Parent (Reg.) Y STEM Sports (G) Sports (G) (Reg.) Karate (S) (PRB) 5:00pm-5:00pm-6:00pm 5:00pm-6:00pm 6:00pm-7:00pm (5-12yrs) (5-12yrs) 7:00pm **Games Galore Games Galore Games Galore** (PRA) 6-8:00pm (5-(Reg.) Karate (S) (PRA) (PRB) 12yrs) 6:00pm-8:00pm 6:00pm-8:00pm 6:00pm-7:00pm STEM PLAY ROOM B (5-12yrs) (5-12yrs) 5-7 PM

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YMCA BC

Bettie Allard YMCA

Child, Youth and Family Descriptions and Fees

Program	Age	Program Description	Member Fee	Non- Member Fee
Family Play Time	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. Parent/Guardian supervision is required.	Included in membership	\$5.00
Indoor Family Playground	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. Parent/Guardian supervision is required.	Included in membership	\$5.00
Childminding	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. Parent/Guardian must stay in the building.	\$3.00 per 30 minutes	\$5.00 per 30 minutes
Little Kickers	5-8	Skills developmental play taught by a Coquitlam Metro Ford Soccer Gold Player, 2 sessions per week. Advanced booking on the YMCA BC app is required.	\$25.00 for 4 weeks	NA
Baby Bears	0-4	Circle time with Story time and singing.	Included in membership	\$5.00
Kids Club	5-12	We invite children to come and enjoy playing board games, build social and emotional skills all while making new friends. Parent/Guardian must stay in the building	Included in membership	NA
Karate	7 and up	Karate Program will focus on the traditional teachings of the martial arts and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. Advanced booking online at myymca.ca or at the front desk is required.	\$260	\$325
Zumbini	0-4	When is doubt dance it out with your littles. Your children will learn through play, great bonding experience with your little and meet new friends. Registered program.	\$40 for 8 weeks	\$40 for 8 weeks
Games Galore	5-12	During this time, your child will interact with their friends, while engaging with a variety of board games in Y Play B.	Included in membership	NA
Active Kids	5-12	Gym plays with a mix use of equipment, relays, games and parachute play.	Included in membership	NA
Sports	5-12	During this drop off program, your child will learn basic sports skills and play skills with the direction of our staff while playing sports activities.	Included in membership	NA
STEM	5-12	Explore the World of Science Tech, Engineering and MATH in the fun, hand on team program	\$25.00 for 4 sessions	NA