

Last updated August 20, 2025

| MONDAY                                        | TUESDAY                                      | WEDNESDAY                                    | THURSDAY                                      | FRIDAY                                        | SATURDAY                                      | SUNDAY                                       |
|-----------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------|-----------------------------------------------|-----------------------------------------------|----------------------------------------------|
| <b>Morning – Open to 12:00pm</b>              |                                              |                                              |                                               |                                               |                                               |                                              |
| <b>Reserved Table Tennis</b><br>8:00- 11:45am | <b>Reserved – Private group</b><br>10am-12pm | <b>Member Coffee Hour</b><br>9:00-11:00am    | <b>Reserved Table Tennis</b><br>8:00- 11:45am | <b>Reserved Table Tennis</b><br>8:00- 11:45am | <b>Reserved Table Tennis</b><br>8:00- 11:45am | <b>Reserved Table Tennis</b><br>8:00-11:45am |
|                                               |                                              |                                              |                                               |                                               |                                               |                                              |
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|                                               |                                              |                                              |                                               |                                               |                                               |                                              |
|                                               |                                              |                                              |                                               |                                               |                                               |                                              |
| <b>Afternoon – 12:00pm to 4:00pm</b>          |                                              |                                              |                                               |                                               |                                               |                                              |
| <b>Reserved Table Tennis</b><br>3:00-5:15pm   | <b>Reserved Table Tennis</b><br>3:00-5:15pm  | <b>Reserved Table Tennis</b><br>12:00-5:15pm | <b>Reserved Table Tennis</b><br>3:00-5:15pm   | <b>Reserved Table Tennis</b><br>3:00-5:15pm   | <b>Drop In Table Tennis</b><br>12:15-3:00pm   | <b>Drop in Table Tennis</b><br>12:00-4:30pm  |
|                                               |                                              |                                              |                                               |                                               | <b>Reserved Table Tennis</b><br>3:00-4:30pm   |                                              |
| <b>Evening – 4:00pm to Close</b>              |                                              |                                              |                                               |                                               |                                               |                                              |
| <b>Drop in Table Tennis</b><br>5:15-6:15pm    | <b>Drop in Table Tennis</b><br>5:15-8:45pm   | <b>Y Boxing</b><br>5:30-6:30pm               | <b>Drop in Table Tennis</b><br>5:15-6:45pm    | <b>Drop in Table Tennis</b><br>5:15-8:45pm    |                                               |                                              |
|                                               |                                              | <b>Y Line Dance-Begin</b><br>7:00-8:30pm     | <b>Y Cardio Dance</b><br>7:00-8:00PM          |                                               |                                               |                                              |
|                                               |                                              |                                              |                                               |                                               |                                               |                                              |

**Maximum Table Tennis booking PER GROUP (2+ members) is 2 sessions per day (1.5 hrs total).**

This schedule is subject to change without warning

Please allow 15 minutes for set up and take down times