

# SEASONAL RESOURCE SHEET

## FALL 2025



### Embracing the Arrival of Fall

Hello, Fall! As we greet yet another autumn season, there are countless reasons to be thankful. While we may be familiar with what each season brings, for the little ones in our care, these moments are the memories they are crafting!

Engage their senses with the aromas, visuals, and sounds of autumn:

- Pumpkins and apples
- Crunchy leaves underfoot
- Birds migrating south
- Squirrels busily gathering food for winter

Let's fill their days with the wonders of this beautiful season!



### Exciting Outdoor Activities for Fall

You can discover numerous delightful outdoor activities for this fall thanks to Hygge in the Early Years. Check out the link here: [Outdoor Activities](https://tinyurl.com/yhk7w8) (<https://tinyurl.com/yhk7w8>).

Here are just a few ideas:

- Create conker tea: Supply charity shop teapots and utensils for children to craft their own nature-inspired afternoon tea!
- Apple bobbing: A timeless classic.
- Decorate pine cones.
- Pumpkin wash station.
- Pumpkin hammering.
- Autumn painting.

And many more!



### MAKING PUMPKIN TEA: A delightful way to embrace the autumn aromas



Have the children lift the tops of the pumpkins and scoop out the seeds and flesh, which they can use for their pumpkin tea or soup creations.

\*Provide various sizes and colors of pumpkins and gourds for added interest.





## INVITE THE EARLY LEARNING FRAMEWORK INTO YOUR PROGRAM:

Pathways for Engaging with Others, Materials, and the World: Reconnection to land and place, p. 78

- What does it mean to be in relationship with land? To be of a place?
- What are the children's stories of the land?
- What are the local Indigenous stories of the land? In what ways might the stories be different from those you know?

"Place is any environment, locality, or context with which people interact to learn, create memory, reflect on history, connect with culture, and establish identity. The connection between people and place is central to First Peoples perspectives of the world" pg 21.

### Provocation Corner

WE  
WANT  
YOU

We're interested in your ideas and stories. We want this to be a collaborative document where we can share the wonderful stories and experiences you are having in your programs. Send us stories, reflections, traces, and ideas you want us to include in our Quarterly Seasonal Resource Sheet.

Send your ideas here: [ygv.ccr@abc.ymca.ca](mailto:ygv.ccr@abc.ymca.ca)

*"A provocation is an intentional, thought-provoking element introduced to the environment to spark a child's interest and inquiry. It can be an object, a question, a scenario, or an event that encourages children to think critically, ask questions, and engage in deeper exploration"*

<https://www.earlylearningsociety.org/blog/The-Power-of-Provocations-and-Invitations-to-Play.htm>



## EARLY LEARNING LENDING LIBRARY



**TRANSFORMING**  
Your Outdoor Early Learning Environment



LISA DALY Photographs by JENNA KNIGHT

Synopsis of the book - "Transforming Your Outdoor Early Learning Environment invites center and home-based educators to reimagine and reconstruct their image of conventional children's play yards as they know them and to create beautiful outdoor learning spaces on a limited budget with natural elements and loose parts that offer children opportunity for irresistible engaging explorations. Ideas, inspiration, and benefits for changing outdoor environments are provided along with the basics for designing, transforming, and maintaining 11 specific outdoor play zones"

This is the same author that brought us all the Loose Parts Books we have available in our Lending Library. It includes beautiful and inspirational photographs that will have you out hunting and gathering for seasonal loose parts and natural materials that you can add to your outdoor (or indoor!) settings...don't forget to share your photos of your transformations and provocations so we can all benefit from your ideas!

Find this resource & browse for more [here!](https://www.gv.ymca.ca/early-learning-resource-library) | <https://www.gv.ymca.ca/early-learning-resource-library>

### Acknowledgements:

<https://slohttps://www.hyggeintheearlyyears.co.uk/blog/50-outdoor-play-activities-this-autumnely.com/feet-painting/>

<https://www.earlylearningsociety.org/blog/The-Power-of-Provocations-and-Invitations-to-Play.htm>

[https://www2.gov.bc.ca/assets/gov/education/early-learning/teach/earlylearning/early\\_learning\\_framework.pdf](https://www2.gov.bc.ca/assets/gov/education/early-learning/teach/earlylearning/early_learning_framework.pdf)