

New Westminster Family Drop-In Programs – Fall 2025

**Updated August 2025, programs may be subject to change.*



City of New Westminster

Program Name	Description	Location/Time	Registration Details
Indoor Playland (0 - 5 years) - Caregiver Participation.	Interact with toys, games, a bouncy castle in the gymnasium, and meet other families in the area.	Təməsew̓ tx̓ Aquatic and Community Centre • 65 East Sixth Avenue <u>Tuesday, Thursday</u> 9:30 - 11:30 am Queensborough Community Centre • 920 Ewen Avenue <u>Wednesday, Saturday</u> 9:30 - 11:30 am September – December	Registration: Drop-In.

Kinsight

Program Name	Description	Location/Time	Registration Details
Infant Massage	Come unwind, bond with your baby, and explore gentle massage moves that support your little one's development and well-being	New West Children's Center • 227 6th Street <u>Saturdays:</u> 10:30 – 12 PM June to October	Email Victoria: vsmith@kinsight.org

Métis Nation

Program Name	Description	Location/Time	Registration Details
Métis Child Care Benefit	A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit. The Métis Child Care Benefit (MCCB) is a monthly benefit to support parents with their Licensed or Registered License-Not-Required childcare and Licensed Preschool fees.	https://www.mnbc.ca/work-programs/programs-services/metis-child-care-benefit-program ONGOING	Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

Miyoopimatishihk (Wellbeing) Program (0 – 8 years)	For families with Métis children birth to 8 years old. Métis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipments, mental health supports.	https://www.mnbc.ca/work-programs/programs-services/miyoopimatishihk-wellbeing-program ONGOING	For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052 Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at atcbhatnagar@mnbc.ca or call 778.312.3052
Imagination Library (0 – 4 years)	A literacy program for Métis children birth to 4 years. Métis children that are registered in the program received free, age appropriate books each month.	https://www.mnbc.ca/work-programs/programs-services/imagination-library ONGOING	Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052 Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at atcbhatnagar@mnbc.ca or call 778.312.3052

New West Family Place

Program Name	Description	Location/Time	Registration Details
Family Playtime Drop-In Play @ Quayside (0-6 years)	We offer play and early learning in a caregiver-participation setting, designed by our Early Childhood Educator. Make connections in the downtown neighbourhood and gain parenting and family resources from our Family Support Workers and visiting guests of support. Celebrate this time of life with story and	New Westminster Family Place • 112 – 960 Quayside Dr <u>Monday – Friday</u> 9:30 – 11:30 am September – ONGOING * Note: Family Place will be closed on Sept.1, 13, 24 and 30; October 13, November 11	Registration: Drop-In.

	rhyme at Circle Time, and honor the birthdays of our little ones each month with a potluck lunch!		
Family Playtime Drop-In @Uptown (0-6 years)	We offer play and early learning in a caregiver-participation setting, designed by our Early Childhood Educator. Make connections in the Uptown neighbourhood and gain parenting and family resources from our Family Support Workers and visiting guests of support. Celebrate this time of life with Circle Time!	New Westminster Family Place • 620 Eighth St, Century House playroom (downstairs) <u>Tuesday, Thursday & Saturday</u> 9:30 – 11:30 am ONGOING *Note: Family Place Uptown will be closed on Sept 2-8, no drop in on Sept 13, and 30th, October 11-13, and Nov. 11.	Registration: Drop-In.
Baby Talk Drop-In (0-12 months)	A space for new parents/caregivers with pre-mobile babies (under 12 mos.) to connect & learn tips, skills and resources from our Family Support Worker and expert guests. Drop in each week for a different topic and a chance to ask questions and discuss your concerns and experiences.	New Westminster Family Place • 112 – 960 Quayside Dr <u>Mondays</u> 1:00 – 2:00 pm ONGOING *Note: New Westminister Family Place is closed September 1 and October 13.	Registration: Drop-In.
Spanish Parents Support Circle	A free and confidential weekly facilitated support group for Spanish-speaking parents and caregivers. Share your stories, build community, learn new skills, receive emotional support and discover new services and resources.	New Westminister Family • 112 – 960 Quayside Dr <u>Fridays</u> 12:00 – 2:00 pm ONGOING from Sept 12 th	Registration: Contact azucena.martinez@parentsupportbc.ca for more information.
Tigrinya Storytime	Join Mrs. Aida and Fernanda for a special story time in the Tigrinya language! This is an opportunity for our newcomer families from Ethiopia and Eritrea to connect comfortably and learn about the community resources that the New West Public Library has to offer.	New Westminister Library Main Branch • 716 Sixth Avenue <u>Thursday (monthly)</u> 1:30 – 2:30 pm Sept 18 th , Oct 23 rd , Nov 20 th	Registration: Drop-In.

Thrive Parents Support Group	A free and confidential monthly facilitated support group for parents and caregivers with neurodivergent children. Share your stories, build community, learn new skills, receive emotional support and discover new services and resources with bi-monthly guests.	New Westminster Family Place • 112 – 960 Quayside Dr Saturday, September 13 Picnic at Pier Park with guests 2:00-4:00 pm Friday, October 17 6:30-8:30 pm Friday, November 21 6:30-8:30 pm (with OT Hina Mahmood)	Register for each session separately: https://bit.ly/3UEyha3
Thrive Together Playgroup	A playgroup created for caregivers & children who may benefit from extra support. Led by specialists from Kinsight's Supported Child Development (SCD) and Infant Development Program (IDP).	New Westminster Family Place • 112 – 960 Quayside Dr <u>Thursdays</u> 12:30 – 2:30 pm ONGOING * Note: there will be no Thrive Together drop in on September 18	Register for weekly sessions: https://bit.ly/3UnSIs5

New Westminster Public Library

Program Name	Description	Location/Time	Registration Details
Babytime (0 - 23 months)	Join us for quality one-on-one time with your little one as we learn literacy-building rhymes and songs. Our Main Branch and Anvil Centre programs are specially geared toward infants in their first year; for older babies please see our Toddler Time program or Babytime at our Queensborough branch.	Queensborough Library • 920 Ewen Avenue <u>Wednesdays</u> 11:30 am - 12:00 pm Sept 24 th – Dec 17 th New Westminster Library Main Branch • 716 Sixth Avenue <u>Thursdays</u> 10:30 - 11:00 am Sept 25 th – Dec 18 th Anvil Centre • 777 Columbia Street <u>Fridays</u> 12:00 - 12:30 pm Sept 26 th – Dec 19 th	Registration: Drop-In.
Baby Social (0 - 23 months)	Connect with other new parents in this casual opportunity to socialize and share.	New Westminster Library Main Branch • 716 Sixth Avenue <u>Thursdays</u> 11:00 am - 12:00 pm Anvil Centre • 777 Columbia Street <u>Fridays</u> 12:30 - 1:30 pm Sept 25 th – Dec 19 th	Registration: Drop-In.

Toddler Time (12 - 36 months)	Enjoy a fun and active story time specifically geared toward toddlers and their caregivers.	New Westminster Library Main Branch • 716 Sixth Avenue <u>Fridays</u> 10:30 - 11:00 am Sept 26 th – Dec 19 th Sept 26 th - Dec 19 th	Registration: Drop-In.
Storytime (3 - 5 years)	Join us for fun stories, rhymes, and songs for children and their caregivers.	New Westminister Library Main Branch • 716 Sixth Avenue <u>Tuesdays</u> 10:30 - 11:00 am Sept 23 rd - Dec 16 th	Registration: Drop-In.
Pyjama Storytime (All Ages)	Enjoy fun family bonding while learning new favourite songs and stories.	New Westminister Library Main Branch • 716 Sixth Avenue <u>Wednesdays</u> 6:30 - 7:00 pm Sept 24 th – Dec 17 th	Registration: Drop-In.
After School Drop-In	Enjoy board games and do other fun activities with library staff. Children age 8 and under must be accompanied by an adult.	Queensborough Library • 920 Ewen Avenue <u>Wednesdays</u> 3:00 - 4:00 pm Sept 24 th – Dec 17 th	Registration: Drop-In.

Purpose Society

Program Name	Description	Location/Time	Registration Details
Single Parents Program (0-6 years)	Support group for single parents raising children aged birth- 6yrs. Opportunity to learn about community resources and connect with other single parents.	Lower Mainland Purpose Society • 422 6th St <u>Saturdays</u> 10:00 – 11:30 am Offered year-round.	Free. To register or for more information email mail@purposesociety.org or phone 604 368 0776
Pitter Patter (0 – 3 years)	For families with children aged 0 – 3yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Lower Mainland Purpose Society • 422 6th St <u>Tuesdays</u> 9:30 – 11:30 am ONGOING	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205

Family Circle	For families with children aged 2 1/2-6yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Lower Mainland Purpose Society • 422 6th St <u>Thursdays</u> 9:30 – 11:30 am ONGOING	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
EME: Community Conversation (0 – 5 years)	Opportunity for parents, grandparents and children to learn and practice English and newmake friends. Adults participate in English lessons while the children learn language through fun crafts, songs and play.	Lower Mainland Purpose Society • 422 6th St <u>Wednesdays</u> 10:00 – 11:30 am Sept 17 th – Dec 10 th	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Mother Goose (0 – 3 years) <i>In partnership with the YMCA CCRR</i>	This program introduces adults and children (3yrs and under), to the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence, which can enable them to create positive family patterns during their children's crucial early years.	Lower Mainland Purpose Society • 422 6th St <u>Wednesdays</u> 10:00 – 11:30 am Oct 1 st – Nov 19 th	Free. To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205

School District 40

Program Name	Description	Location/Time	Registration Details
Strong Start (0-5 years)	<p>StrongStart BC Early Learning Centres are open to children aged zero to five and their parents or guardians.</p> <p>StrongStart is staffed by qualified early childhood educators who will introduce children to learning through play as outlined in the British Columbia Early Learning Framework.</p>	<p>Connaught Heights Elementary School • 2201 London St <u>Monday - Friday</u> 9:00 - 11:30 am</p> <p>Skwo:wech Elementary School • 331 Richmond St <u>Monday, Tuesday, Wednesday, and Friday</u> 9:15 - 11:45 am</p> <p>Queensborough Middle School • 833 Salter St <u>Monday - Friday</u> 8:45 - 11:15 am</p> <p>Strong Start resumes for the school year on Tuesday, September 16th, 2025.</p>	<p>Register at https://forms.office.com/Pages/ResponsePage.aspx?id=A6INaIQXNE6f6JdvA1PFKs4PRCosigNDgDUSdnquyRhUN1hUM0s2WEtjNVU1QkxBNzQyM0hBMUNHRY4u</p> <p>After registering your child, the program is drop-in on a first-come-first-served basis.</p> <p>Each session can accommodate a maximum of 20 children who are accompanied by one caregiver.</p>

Spirit of the Children Society (SOTCS)

Program Name	Description	Location/Time	Registration Details
Hlulu Family Drop-In (0-6 years)	Free play, cultural teachings, snack, stories, circle, parent and child facilitation, supports/resources and more.	SOTCS Office • 768 Columbia St <u>Thursdays & Fridays</u> 9:00 am – 12:00 pm Offered year-round.	Register when you come in or email: t.hausch@sotcs.ca or n.dionicio@sotcs.ca

New Westminster Schools Welcome Centre

Provides support to new families entering SD40. Connect with a City Navigator — a reference specialist who can help local residents explore and connect with all that the city has to offer. A City Navigator can also connect families new to Canada with community and in-house supports and services, such as settlement workers who can provide support in a variety of languages.

Located at: 820 6th Street, New Westminister

Phone: 604-517-6200

Website: newwestschools.ca

Leo Street Youth and Family Services - SMILE Young Parent Program

We offer a variety of programs for youth ages 16 and under who reside in Burnaby and New Westminister. Our monthly Prenatal Workshops are available both online and in person, providing flexible options for participation. With ongoing intakes and continuous programming, we're here to support young individuals and families throughout their journey.

Location: Located near Gilmore SkyTrain Station, with activities held in Burnaby and New Westminister.

Phone: 604-298-6245

Email: smile@stleo.ca



ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.

YMCA Child Care Resource & Referral

10 - 620 Royal Avenue, New Westminister, BC V3M 1J2
604-931-3400

ygv.ccrr@bc.ymca.ca

www.gv.ymca.ca/ccrr

www.gov.bc.ca/ChildCareResourceReferralCentres



**Kids
New West**

knwtable@gmail.com

kidsnewwest.ca