

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MORNING</b>						
<b>Full Lane</b> 6:00-12:15pm	<b>Full Lane</b> 6:00-9:30am	<b>Full Lane</b> 6:00-10:15am	<b>Full Lane</b> 6:00-1:00pm	<b>Full Lane</b> 6:00-12:00pm	<b>Full Lane</b> 7:00-9:00am	<b>Full Lane</b> 7:00-9:00am
<b>Swim Lessons</b> 10:15-12:15pm	<b>Partial Lane</b> 9:30-10:45am	<b>Aquafit</b> <b>Partial Lane</b> 10:15-11:00am	<b>Full Lane</b> 10:00-1:00pm	<b>Aquafit</b> 12pm-12:45pm	<b>Partial Lane</b> <b>Swim Lessons</b> 9:00-12:30pm	<b>Partial Lane</b> <b>Swim Lessons</b> 9:00-12:30pm
	<b>Full Lane</b> 10:15am-1:00pm	<b>Swim Lessons</b> 10:45-12:15pm			<b>Open Swim</b> 10:00-12:30pm	<b>Open Swim</b> 10:00-12:30pm
<b>AFTERNOON</b>						
<b>Full Lane</b> 12:15-2:00pm	<b>Partial Lane</b> 1:00-2:00pm	<b>Full Lane</b> 1pm-4:00pm	<b>Partial Lane</b> 1:00-2:00pm	<b>Full Lane</b> 2:00-4:00pm	<b>Full Lane</b> 12:30-7:00pm	<b>Full Lane</b> 12:30pm-7:00pm
<b>Aquafit</b> 2:00-2:45pm	<b>Swim Lessons</b> 1:00-2:00pm		<b>Swim Lessons</b> 1:00-2:00pm			
<b>Full Lane</b> 2:45-4:00pm	<b>Aquafit</b> 2:15-3:00pm		<b>Full Lane</b> 2:00pm-4pm			
	<b>Full Lane</b> 3pm-4:00pm					
<b>EVENING</b>						
<b>Partial Lane</b> <b>Swim Lessons</b> 4:00-7:30pm	<b>Partial Lane</b> <b>Swim Lessons</b> 4:00pm-7:30pm	<b>Full Lane</b> 4:00pm-9:00pm	<b>Partial Lane</b> <b>Swim Lessons</b> 4:00-7:30pm	<b>Full Lane</b> 4:00pm-9:00pm	<b>Full Lane</b> 12:30-7:00pm	<b>Full Lane</b> 12:45-7:00pm
<b>Full Lane</b> 7:30pm-9:00pm	<b>Full Lane</b> 7:30pm-9:00pm		<b>Full Lane</b> 7:30pm-9:00pm			

<b>Lane Swim Etiquette</b>	Swim to the right side of the lane	When resting, please keep to the corner to allow other swimmers to use the wall	Faster swimmers must pass to the left	Choose the appropriate lane for your pace	When entering the lane, give other swimmers the right of way
<b>Full Lane Swim</b>	During these times, the pool is configured for lane swim only.				
<b>Partial Lane Swim</b>	During these times, the pool is configured to have one to three lanes for lane swim only. Additional activities may occur in other areas of the pool.				
<b>Open Swim</b>	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Children of any age are welcome into the pool at this designated time. A section of the pool will be open for families with children 5 years of age and younger.				
<b>Aquafit</b>	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels welcome.				