

**Room Guide:** (E) East Gym - (C) 5th Floor  
(A) Active Living Studio 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING and AFTERNOON						
<b>Childminding</b> (C) 9:30-1pm	<b>Childminding</b> (C) 9:30-1pm	<b>Childminding</b> (C) 9:30-1pm	<b>Childminding</b> (C) 9:30-1pm	<b>Childminding (C)</b> 9:30-1pm	<b>Childminding</b> (C) 9:30-1pm	<b>Family Playtime</b> (C) 9:30-1pm
<b>Indoor Family Playground</b> (E) 9:30-12pm					<b>Family Playtime</b> (C) 9:30-1pm	
EVENING						
<b>Kid's Futsal</b> (E) 4:15pm-5:15pm	<b>Little Spoons</b> (C) 4-5:30pm <i>Check Dates Below</i>	<b>Childminding</b> (C) 4:30-7:30pm	<b>Kid's Basketball</b> (E) 4:15pm-5:15pm	<b>Childminding</b> (C) 4:30-7:30pm		
<b>Childminding</b> (C) 4:30-7:30pm	<b>Family Playtime (C)</b> 4:30-7:30pm		<b>Family Playtime (C)</b> 4:30-7:30pm	<b>Family Playtime (C)</b> 4:30-7:30pm		
<b>Family Playtime (C)</b> 4:30-7:30pm						

Program	Age	Program Description	Member Fee	Non-Member Fee
<b>Family Play Time</b>	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$5.00
<b>Indoor Family Playground</b>	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$5.00
<b>Childminding</b>	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. <i>Parent/Guardian must stay in the building.</i>	\$3.75 per 30 minutes	\$7.50 per 30 minutes
<b>Little Spoons</b>	2-8	Is a creative and hands-on program designed for children. They can explore various artistic activities and develop their creativity. <i>Parent/Guardian involvement and supervision is required for children under 4 yrs.</i> Oct 14 & 28, Nov 25, Dec 9	\$8.00	\$12.00
<b>Kid's Futsal and Basketball</b>	6-12	Your child will enjoy themselves, meet friends, and learn the importance of fair play via fundamental sports throughout this program. While playing, kids would run, jump, shoot, and pass. <i>Advanced booking on the YMCA BC app is required.</i>	Included in membership	\$10.00