

Langara Family YMCA

MPR Schedule

Last updated August 20, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning - Open to 12:00pm						
Reserved Table Tennis 8:00- 11:45am	Reserved – Private group 10am-12pm	Member Coffee Hour 9:00-11:00am	Reserved Table Tennis	Reserved Table Tennis 8:00- 11:45am	Drop in Table Tennis 8:00-9:00am	Reserved Table Tennis
8.00- 11.45dill	10am-12pm	9.00-11.00am	8:00- 11:45am	6.00- 11.45dili	6.00-9.00aiii	8:00-11:45am
					Y Dance 10:30-12:00pm	
Afternoon – 12:00pm to 4:00pm						
Reserved Table	Reserved Table	Reserved Table	Reserved Table	Reserved Table	Drop In Table	Drop in Table
Tennis	Tennis	Tennis	Tennis	Tennis	Tennis	Tennis
3:00-5:15pm	3:00-5:15pm	12:00-5:15pm	3:00-5:15pm	3:00-5:15pm	12:15-3:00pm	12:15-2:45pm
					Reserved Table	Reserved Table
					Tennis	Tennis
					3:00-4:30pm	3:00-4:45pm
Evening – 4:00pm to Close						
Drop in Table Tennis 5:15-6:15pm	Drop in Table Tennis 5:15-8:45pm	Y Boxing 5:30-6:30pm	Drop in Table Tennis 5:15-6:45pm	Drop in Table Tennis 5:15-8:45pm		
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		7:00-8:30pm	7:00-8:00PM			

Maximum Table Tennis booking PER GROUP (2+ members) is 2 sessions per day (1.5 hrs total).

This schedule is subject to change without warning

Please allow 15 minutes for set up and take down times