

Cheam Leisure Centre - Aquatics



Fall Schedule: September 1 – December 21, 2025

6:00am-8:25am	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00am-9:25am				MORNING			
Signature Sign	6:00am-8:25am	6:00am-2:00pm	6:00am-9:25am	6:00am-8:25am	6:00am-8:25am	7:00am-9:00am	Swim Club 7:30am-11:30am
8:30am-9:30am 6:00am-9:30pm 8:30am-9:30am 6:15am-7:15am 9:00am-1:00pm 11:30am-2: Swim Lessons 10:00am-11:30pm Blended Aquafit 9:30am-10:30am Main pool Blended Aquafit 8:30am-9:30am 9:00am-10:00pm Lane Swim 9:00am-10:00pm 9:00am-1:00pm 8:30am-9:30am 9:00am-10:00pm 9:00am-1:00pm 9:00am-10:00pm 3 lanes 11:30am-2: Blended Aquafit 10:00am-10:45am Main pool AFTERNON Public Swim 12:30pm-4:00pm 12:30pm-4:00pm 1 lane Public Swim 12:30pm-2:00pm 1 lane Public Swim 12:30pm-3:30pm Public Swim 10:45am-3:30pm Public Swim 1:00pm-6:00pm Public Swim 2:30pm-4:00pm 1 lane Public Swim 1 lane Public Swim Club 4:00pm-6:30pm 4:00pm-6:30pm 4:00pm-6:30pm 4:00pm-6:30pm 4:00pm-6:30pm 4:00pm-6:30pm Public Swim 7:00pm-8:30pm Public Swim 7:00pm-8:30pm Public Swim 7:00pm-8:30pm Public Swim 7:00pm-8:30pm Public Swim 7:00pm-8:30pm Public Swim 8:00pm-9:30pm Public Swim 8:00pm-9:30pm Public Swim 7:00pm-8:00pm Public Swim 7:00pm-8:00pm Public Swim 7:00pm-8:00pm Public Swim 7:							Lane Swim 11:30am-2:30pm 3 lanes
9:30am-10:30am 9:30am-1:30pm 8:30am-9:30am 9:00am-1:00pm 3 lanes	8:30am-9:30am			8:30am-9:30am			Swim Lessons 11:30am-2:30pm
10:00am-10:45am Main Pool Main Pool			9:30am-10:30am	9:30am-2:00pm	8:30am-9:30am	9:00am-1:00pm	
Public Swim 12:30pm-4:00pm 12:30pm-2:00pm 12:30pm-4:00pm 12:30pm-2:00pm 1	10:00am-10:45am				10:00am-10:45am		
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2:00pm-4:00pm	12:30pm-4:00pm	12:30pm-2:00pm	12:30pm-4:00pm	12:30pm-2:00pm	10:45am-3:30pm	1:00pm-6:00pm	Public Swim 2:30pm-8:30pm 1 lane
Swim Club Swim Lessons Swim Club Swim Club Swim Club Swim Club Swim Club 4:00pm-6:30pm 7:30pm-9:30pm 7:30pm-9:30pm 7:30pm-9:30pm 7:30pm-9:30pm 7:30pm-9:30pm 7:30pm-9:30pm 1 lane 1 lane Public Swim 8:00pm-9:30pm 1 lane 1 lane 1 lane Image: Normal Policy Swim (approximation of the company of		2:00pm-4:00pm		2:00pm-4:00pm			
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8:00pm-9:30pm	4:00pm-8:30pm	7:00pm-8:00pm	4:00pm-8:30pm	7:30pm-9:30pm			
		Public Swim 8:00pm-9:30pm					

Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna.

Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna.

Lane Swim: A time when lanes are available for lane swim.