

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING						
Full Lane 6am-12:15pm	Full Lane 6am-1pm	Full Lane 6am-10:15am	Full Lane 6am-1pm	Full Lane 6am-12pm	Full Lane 7am-9am	Full Lane 7am-9am
Partial Lane Aquafit 9:15-10am	Partial Lane Aquafit 9:15-10am	Partial Lane Aquafit 10:15am-11am	Full Lane 10am-1pm		Partial Lane Swim Lessons 9am-12:30pm	Partial Lane Swim Lessons 9am-12:30pm
Partial Lane Swim Lessons 10:15am-12:15pm		Partial Lane Swim Lessons 11:15am-12:45pm		Partial Lane Aquafit 12pm-12:45pm	Open Swim 9am-12:30pm	Open Swim 9am-12:30pm
AFTERNOON						
Full Lane 12:30pm-4pm	Partial Lane Swim Lessons 1pm-2pm	Full Lane 1pm-4pm	Partial Lane Swim Lessons 1pm-2pm	Full Lane 1pm-4pm	Full Lane 12:30pm-7pm	Full Lane 12:30pm-1:30pm
	Full Lane 3pm-4pm		Full Lane 2pm-4pm			Partial Lane Aquafit 1:30pm-2:15pm
						Full Lane 2:30pm-4pm
EVENING						
Partial Lane Swim Lessons 4pm-7:30pm	Partial Lane Swim Lessons 4pm-7:30pm	Full Lane 4pm-9pm	Partial Lane Swim Lessons Open Swim 4pm-7:30pm	Full Lane 4pm-9pm	Full Lane 12:30pm-7pm	Full Lane 4pm-7pm
Full Lane 7:30-9pm	Full Lane 7:30pm-9pm		Full Lane 7:30pm-9pm			

Lane Swim Etiquette	Swim to the right side of the lane	When resting, please keep to the corner to allow other swimmers to use the wall	Faster swimmers must pass to the left	Choose the appropriate lane for your pace	When entering the lane, give other swimmers the right of way
Full Lane Swim	During these times, the pool is configured for lane swim only.				
Partial Lane Swim	During these times, the pool is configured to have one to three lanes for lane swim only. Additional activities may occur in other areas of the pool.				
Open Swim	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Children of any age are welcome into the pool at this designated time. A section of the pool will be open for families with children 5 years of age and younger.				
Aquafit	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels welcome. Check the MindBody app for live updates.				



Robert Lee YMCA

Aquatics Schedule – Updated Oct 3, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Oct 3 rd 4pm-9pm	Oct 4 th 8am-5pm	Oct 5 th 8am-5pm
	Oct 28 th 4pm-9pm					

*** There are fewer open lanes during the above times.
Check with our aquatics staff to find out more details. ***