

Aquatics Schedule: Dec 20 - Jan 05

Stat Holidays: Dec 25, 26, Jan 1st - No Group Fitness Classes, Pool or Programs

Pool Closes @4:30pm on Dec 24 and Dec 31 - No Evening Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Open/Lane swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/ Lane Swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/Lane Swim 6:30am-8:00am	Pool Closed	Pool Closed	
Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Open/Lane swim 8:00am - 9:00am		
Open/Lane Swim 9:00am - 9:45am	Open/Lane Swim 9:00am - 9:45am		Open/Lane Swim 9:00am - 9:45am		Y Aquafit 9:00am - 9:45am		
Adult Water Walking 10:00am - 10:30am	Y Aquafit 10:00am - 10:45am				Y Gentle Aquafit 10:00am - 10:30am		
Open/Lane Swim 10:30am - 7:00pm	Open/Lane Swim 10:45am - 8:00pm	Open/Lane Swim 9:00am - 2:00pm	Open/Lane Swim 10:30am - 7:00pm	Open/Lane Swim 9:00am - 2:00pm	Open/Lane Swim 10:00am - 6:00pm	Family Swim 12:30pm - 5:00pm	
Adult Water Walking 2:00pm - 2:30pm	Adult Water Walking 2:00pm - 2:30pm	Adult Water Walking 2:00pm - 2:30pm	Adult Water Walking 2:00pm - 2:30pm	Adult Water Walking 2:00pm - 2:30pm			
Open/Lane Swim 2:30pm - 7:00pm		Open/Lane Swim 2:30pm - 8:00pm	Open/Lane Swim 2:30pm - 7:00pm	Open/Lane Swim 2:30pm - 8:00pm			Pool Closed
Y Aquafit 7:15pm- 8:00pm			Y Aquafit 7:15pm- 8:00pm				
Open/Lane Swim 8:00pm-8:30pm			Open/Lane Swim 8:00pm-8:30pm		Facility closes at 7pm	Facility closes at 7pm	
Please Note: Lifeguarding courses may occur in the pool area anytime.				UPDATED December 2025			
Pre-registration on Y app for classes recommended. Ask membership staff for more details.			Fitness Programs Members Only (Non-members See Front Desk)	Open/Lane Swim Non-members Pay Drop in Fee	** 1 Lane Available Other Lanes Reserved for Swim Lessons	Swim Lessons Registrants Only Hot Tub Closed	