



Chilliwack Landing & Cheam Leisure Centre

Child, Youth and Family Programs Guide



PROGRAM NAME	AGE	DESCRIPTION
Active Kids	8-12 years	In YMCA Active Kids, activities are well structured, positive and fun, and concentrate on developing the ABC's - agility, balance, coordination and speed. Registered Activity
Birthday Party - Gym	2+ years	Get active celebrating your child's birthday in our gymnasium! Choose between sports and mini gym. Sports includes equipment for basketball, soccer, and hockey. Mini gym includes soft play equipment, slides, ride on toys and a parachute. Geared towards children turning 2 and older for up to 14 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Birthday Party - Pool	7+ years	Make a splash celebrating your child's birthday party at the Pool! Includes swimming, private rea on the pool deck (Chilliwack Landing) or birthday party room (Cheam). Geared towards children turning 7 and older, for up to 12 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Childminding	3 months – 10 years	YMCA Childminding is available for children ages 3 months – 10 years for parents/guardians to enjoy a workout or meet a friend – child free! Children 3 months to 18 months can stay a maximum of 1 hour; children 19 months to 10 years can stay a maximum of 2 hours. Parent/Guardian must remain in the building.
Family Fun Day	All ages	Family Fun Day – A YMCA Day to Play! Bring the whole family for a day of fun and connection at the Cheam Leisure Centre. Enjoy active games, creative crafts, swimming, family challenges and more! Come celebrate family, community and togetherness the YMCA way!
Flick & Float	8-12 years	Flick & Float happens once a month on a Friday. Open to kids ages 8-12 years old - enjoy a supervised recreational swim & then relax with a movie and snacks. Registered activity
Indoor Family Playground	0-9 years	Equipment and toys are set be in the gymnasium for families to play physically active games together, climb on the soft play equipment, play sports and more; perfect for building gross motor skills. Parent/guardian participation required.
School's Out! Kids – Winter Wonder	5-10 years	Our half day programs keep your child busy, active and having fun on Pro-D days. School's Out! Kids – Winter Wonder offers an engaging half-day adventure for children ages 5-10. Children will explore the season through hands-on activities, indoor and outdoor play, crafts and winter themed games. Registered activity
School's Out! Kids – Valentine Vibes	5-10 years	Our half day programs keep your child busy, active and having fun on Pro-D days. School's Out! Kids – Valentine Vibes offer an engaging half-day adventure for children ages 5-10. Children will enjoy indoor and outdoor play, themed crafts and hands-on activities that celebrate kindness, friendship and connection. Registered Activity
Spring Kids – Outdoor Week	5-10 years	Spring Kids is a full day, week long program designed to keep children engaged and happy over spring break! During Spring Kids - Outdoor Week children will experience the great outdoors by going on nature walks, visiting "the woods" in Garrison, playing at and playground and other outdoor games. Registered Activity
Spring Kids – Water Week	5-10 years	Spring Kids is a full day, week long program designed to keep children engaged and happy over spring break! During Spring Kids - Water Week, children will go swimming, participate in STEM water experiments and create water themed art. Registered activity