



Gymnasium Schedule

Winter Holidays Week 1: Dec 22<sup>nd</sup> – 28<sup>th</sup>

Room Guide:

(F) Full Gymnasium · (W) West Gymnasium (E) East Gymnasium

MONDAY DECEMBER 22ND	TUESDAY DECEMBER 23RD	WEDNESDAY DECEMBER 24TH	THURSDAY DECEMBER 25TH	FRIDAY DECEMBER 26TH	SATURDAY DECEMBER 27TH	SUNDAY DECEMBER 28TH
Morning – Open to 12:00pm						
Open Gym (F) 6:00am – 9:00am	Strength (F) 6:15am – 7:00am <i>Pre-Registration Recommended on Mindbody</i>	Open Gym (F) 6:00am – 10:15am	FACILITY CLOSED	Open Gym (F) 7:00am – 7:00pm	Open Gym (F) 7:00am – 8:45am	Open Gym (F) 10:15am – 11:00am
Strength (F) 9:15am – 10:15am <i>Pre-Registration Recommended on Mindbody</i>	Open Gym (F) 7:15am – 11:00am				Multi-Sports (6-12 yrs) (F) 9:00am – 10:15am	
Gentle Cardio (F) 10:45am – 11:30am <i>Pre-Registration Recommended on Mindbody</i>	Winter Break Camp (F) 9:00am – 11:00am	Gentle Cardio (F) 10:45am – 11:30am <i>Pre-Registration Recommended on Mindbody</i>			Open Gym (F) 10:15am – 11:00am	
Winter Break Camp (F) 11:45am – 1:15pm	Adult Walking (F) 11:00am – 11:30am					
Afternoon – 12:00pm to 4:00pm						
Gentle Cardio and Tone (F) 1:30pm – 2:30pm <i>Pre-Registration Recommended on Mindbody</i>	Adult Basketball (F) 12:00pm – 1:15pm	Family Indoor Playground (F) 12:00pm – 3:00pm			Family Indoor Playground (F) 11:30am – 4:00pm	Family Indoor Sports (F) 11:30am – 1:30pm
Winter Break Camp (F) 2:45pm – 3:30pm	Winter Break Camp (F) 1:15pm – 3:30pm					Family Indoor Playground (F) 2:00pm – 4:00pm
Youth Sports (F) 3:30pm – 4:30pm	Youth Sports (F) 3:30pm – 4:30pm	Youth Sports (F) 3:30pm – 4:30pm				
Evening – 4:00pm to Close						
Open Gym (F) 4:30pm – 5:15pm	Open Gym (F) 4:30pm – 5:00pm	Open Gym (F) 4:30pm – 5:00pm			Youth Sports (F) 4:30pm – 5:30pm *Supervised*	Youth Sports (F) 4:30pm – 5:30pm
Sweat (F) 5:30pm – 6:30pm <i>Pre-Registration Recommended on Mindbody</i>	Multi-Sports (6-12 yrs) (F) 5:30pm – 6:30pm				Volleyball (F) 5:30pm – 7:00pm	Open Gym (F) 5:30pm – 7:00pm
Adult Basketball (F) 6:45pm – 8:00pm	Multi-Sports (6-12 yrs) (F) 6:45pm – 8:00pm					
Open Gym (F) 8:00pm – 9:00pm	Volleyball (F) 8:00pm – 9:00pm					