

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>AM PROGRAMS</b>						
<b>Y Play</b> 0Y- 3Y 9:00am - 10:15am	<b>Y Play</b> 0Y-3Y 9:00am - 10:15am					
<b>Creative Play</b> 3Y-5Y 9:00am - 10:15am						
					<b>Multi Sports</b> 6Y- 12Y 9:00am - 10:15am	
<b>Y Play</b> 0Y- 3Y 10:30am - 11:45am						
<b>Creative Play</b> 3Y-5Y 10:30am - 11:45am						
					<b>Games Galore</b> 6Y- 12Y 10:30am - 11:45am	
<b>PM PROGRAMS</b>						
<b>Family Playtime</b> Parent Supervision 12:00pm - 4:30pm						
<b>Youth Drop In Sports</b> 12Y-16Y 3:30pm - 4:30pm	<b>Family Open Gym</b> Parent Supervision 2:30pm - 4:30pm	<b>Family Open Gym</b> Parent Supervision 2:30pm - 4:30pm				
<b>Y Play</b> 0Y-5Y 4:00pm - 5:00pm		<b>Youth Drop In Sports</b> 12Y-16Y 4:30pm - 5:30pm	<b>Youth Drop In Sports</b> 12Y-16Y 4:30pm - 5:30pm			
<b>Y Play</b> 0Y- 3Y 5:15pm - 6:30pm		<b>Youth Volleyball</b> 12Y-16Y 6:00pm - 7:00pm				
<b>Creative Play</b> 3Y-5Y 5:15pm - 6:30pm						
<b>Games Galore</b> 6Y-12Y 5:15pm - 6:30pm	<b>Multi-Sports</b> 6Y-12Y 5:15pm - 6:30pm	<b>Games Galore</b> 6Y-12Y 5:15pm - 6:30pm	<b>Games Galore</b> 6Y-12Y 5:15pm - 6:30pm			
<b>Games Galore</b> 6Y-12Y 6:45pm - 8:00pm	<b>Multi-Sports</b> 6Y-12Y 6:45pm - 8:00pm	<b>Games Galore</b> 6Y-12Y 6:45pm - 8:00pm	<b>Games Galore</b> 6Y-12Y 6:45pm - 8:00pm			
	<b>Y Youth Zone</b> 12Y-16Y 7:00pm - 8:30pm					
	<b>Youth Volleyball</b> 12Y-16Y 8:00pm - 9:00pm					

Program	Age	Program Description
<b>For our Childminding programs, children can be registered in (1) program a day, up to (4) programs a week.</b>		
<b>Y Play</b>	0-3/5	<p>Enjoy a workout or take a break in our social space! Our onsite childminding is available for children aged <b>16 weeks to 3-5 years</b>. Please review the available times for program offerings .We recommend pre-registering your child(ren) to ensure a spot.</p> <p>Waitlisted participants may be admitted <b>15 minutes after the program start time</b>, if space becomes available.</p> <p style="color: red;"><b>Parent/Guardian must stay in the building.</b></p>
<b>Creative Play</b>	3-5	<p>Enjoy a workout or take a break in our social space! Our <b>Interest based</b> program includes both <b>active and creative components</b>, Each session features crafts or a games led by YMCA staff. Please review the available times for program offerings .We recommend pre-registering your child(ren) to ensure a spot.</p> <p>Waitlisted participants may be admitted <b>15 minutes after the program start time</b>, if space becomes available.</p> <p style="color: red;"><b>Parent/Guardian must stay in the building.</b></p>
<b>Games Galore</b>	6-12	<p>Enjoy a workout or take a break in our social space! It's Games Galore! Through a variety of fun crafts and games, children develop their creativity, problem-solving, cooperation and other skills. May include active games, board games, card games, and more!</p> <p>Programs for children ages 6-12 are <b>drop-in</b>; spots are not able to be reserved.</p>
<b>Multi Sports</b>	6-12	<p>Enjoy a workout or take a break in our social space! Children will make friends, have fun, and learn the value of fair play through basic sports in YMCA Multi-Sports. Children will run, jump, shoot, and pass while playing a variety of sports related games.</p> <p>Programs for children ages 6-12 are <b>drop-in</b>; spots are not able to be reserved.</p>
<b>Family Open Gym</b>	0-12	<p>The perfect way for children to develop essential gross-motor skills like walking, running, jumping &amp; throwing. Use our provided equipment to play, have fun and make memories!</p> <p style="color: red;"><b>Parent/Guardian supervision is required.</b></p>
<b>Family Play Time</b>	0-12	<p>Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends.</p> <p style="color: red;"><b>Parent/Guardian supervision is required.</b></p>
<b>Youth Volleyball Drop In</b>	12-16	<p>Join us for a fun and active volleyball drop-in designed for youth ages 12-16. All skill levels are welcome—whether you're new to volleyball or looking to improve your game.</p> <p style="color: red;"><b>No food or drinks permitted in gymnasium areas.</b></p>
<b>Youth Basketball Drop In</b>	12-16	<p>Get moving and have fun at our basketball drop-in designed for youth ages 12-16! This program offers a welcoming space for youth to practice skills, build confidence, and enjoy friendly games.</p> <p style="color: red;"><b>No food or drinks permitted in gymnasium areas.</b></p>
<b>Y Youth Zone</b>	12-16	<p><b>Y Youth Zone</b> is an accessible, inclusive space for youth to connect, get active, and build community through healthy living and social engagement. Open to all youth with a valid YMCA membership, Y Youth Zone provides welcoming opportunities to move, play, and belong — no matter your background or skill level.</p> <p style="color: red;"><b>Please note this is a pilot program being offered for 2026, program offerings may be subject to change.</b></p>