



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM PROGRAMS						
Y Play 0Y– 3Y 9:00am – 10:15am	Y Play 0Y– 3Y 9:00am – 10:15am	Y Play 0Y– 3Y 9:00am – 10:15am	Y Play 0Y– 3Y 9:00am – 10:15am	Y Play 0Y– 3Y 9:00am – 10:15am	Y Play 0Y-3Y 9:00am – 10:15am	
Creative Play 3Y-5Y 9:00am – 10:15am	Creative Play 3Y-5Y 9:00am – 10:15am	Creative Play 3Y-5Y 9:00am – 10:15am	Creative Play 3Y-5Y 9:00am – 10:15am	Creative Play 3Y-5Y 9:00am – 10:15am	Creative Play 3Y-5Y 9:00am – 10:15am	
					Multi Sports 6Y- 12Y 9:00am – 10:15am	
Y Play 0Y– 3Y 10:30am – 11:45am	Y Play 0Y– 3Y 10:30am – 11:45am	Y Play 0Y– 3Y 10:30am – 11:45am	Y Play 0Y– 3Y 10:30am – 11:45am	Y Play 0Y– 3Y 10:30am – 11:45am	Y Play 0Y– 3Y 10:30am – 11:45am	
Creative Play 3Y-5Y 10:30am – 11:45am	Creative Play 3Y-5Y 10:30am – 11:45am	Creative Play 3Y-5Y 10:30am – 11:45am	Creative Play 3Y-5Y 10:30am – 11:45am	Creative Play 3Y-5Y 10:30am – 11:45am	Creative Play 3Y-5Y 10:30am – 11:45am	
					Games Galore 6Y- 12Y 10:30am – 11:45am	
PM PROGRAMS						
Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm	Family Playtime Parent Supervision 12:00pm - 4:30pm
Youth Drop In Sports 12Y-16Y 3:30pm - 4:30pm	Youth Drop In Sports 12Y-16Y 3:30pm - 4:30pm	Youth Drop In Sports 12Y-16Y 3:30pm - 4:30pm	Youth Drop In Sports 12Y-16Y 3:30pm - 4:30pm	Youth Drop In Sports 12Y-16Y 3:30pm - 4:30pm	Family Open Gym Parent Supervision 2:30pm - 4:30pm	Family Open Gym Parent Supervision 2:30pm - 4:30pm
Y Play 0Y-5Y 4:00pm - 5:00pm	Y Play 0Y-5Y 4:00pm - 5:00pm	Y Play 0Y-5Y 4:00pm - 5:00pm	Y Play 0Y-5Y 4:00pm - 5:00pm		Youth Drop In Sports 12Y-16Y 4:30pm – 5:30pm	Youth Drop In Sports 12Y-16Y 4:30pm – 5:30pm
Y Play 0Y– 3Y 5:15pm – 6:30pm	Y Play 0Y– 3Y 5:15pm – 6:30pm	Y Play 0Y– 3Y 5:15pm – 6:30pm	Y Play 0Y– 3Y 5:15pm – 6:30pm		Youth Volleyball 12Y-16Y 6:00pm – 7:00pm	
Creative Play 3Y-5Y 5:15pm – 6:30pm	Creative Play 3Y-5Y 5:15pm – 6:30pm	Creative Play 3Y-5Y 5:15pm – 6:30pm	Creative Play 3Y-5Y 5:15pm – 6:30pm			
Games Galore 6Y-12Y 5:15pm - 6:30pm	Multi-Sports 6Y-12Y 5:15pm - 6:30pm	Games Galore 6Y-12Y 5:15pm - 6:30pm	Games Galore 6Y-12Y 5:15pm - 6:30pm			
Games Galore 6Y-12Y 6:45pm – 8:00pm	Multi-Sports 6Y-12Y 6:45pm – 8:00pm	Games Galore 6Y-12Y 6:45pm – 8:00pm	Games Galore 6Y-12Y 6:45pm – 8:00pm			
	Y Youth Zone 12Y-16Y 7:00pm – 8:30pm					
	Youth Volleyball 12Y-16Y 8:00pm – 9:00pm					

Program	Age	Program Description
		For our Childminding programs, children can be registered in (1) program a day, up to (4) programs a week.
Y Play	0-3/5	<p>Enjoy a workout or take a break in our social space! Our onsite childminding is available for children aged 16 weeks to 3–5 years. Please review the available times for program offerings .We recommend pre-registering your child(ren) to ensure a spot.</p> <p>Waitlisted participants may be admitted 15 minutes after the program start time, if space becomes available.</p> <p>Parent/Guardian must stay in the building.</p>
Creative Play	3-5	<p>Enjoy a workout or take a break in our social space! Our Interest based program includes both active and creative components, Each session features crafts or a games led by YMCA staff. Please review the available times for program offerings .We recommend pre-registering your child(ren) to ensure a spot.</p> <p>Waitlisted participants may be admitted 15 minutes after the program start time, if space becomes available.</p> <p>Parent/Guardian must stay in the building.</p>
Games Galore	6-12	<p>Enjoy a workout or take a break in our social space! It's Games Galore! Through a variety of fun crafts and games, children develop their creativity, problem-solving, cooperation and other skills. May include active games, board games, card games, and more!</p> <p>Programs for children ages 6-12 are drop-in; spots are not able to be reserved.</p>
Multi Sports	6-12	<p>Enjoy a workout or take a break in our social space! Children will make friends, have fun, and learn the value of fair play through basic sports in YMCA Multi-Sports. Children will run, jump, shoot, and pass while playing a variety of sports related games.</p> <p>Programs for children ages 6-12 are drop-in; spots are not able to be reserved.</p>
Family Open Gym	0-12	<p>The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Use our provided equipment to play, have fun and make memories!</p> <p>Parent/Guardian supervision is required.</p>
Family Play Time	0-12	<p>Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends.</p> <p>Parent/Guardian supervision is required.</p>
Youth Volleyball Drop In	12-16	<p>Join us for a fun and active volleyball drop-in designed for youth ages 12–16. All skill levels are welcome—whether you’re new to volleyball or looking to improve your game.</p> <p>No food or drinks permitted in gymnasium areas.</p>
Youth Basketball Drop In	12-16	<p>Get moving and have fun at our basketball drop-in designed for youth ages 12–16! This program offers a welcoming space for youth to practice skills, build confidence, and enjoy friendly games.</p> <p>No food or drinks permitted in gymnasium areas.</p>
Y Youth Zone	12-16	<p>Y Youth Zone is an accessible, inclusive space for youth to connect, get active, and build community through healthy living and social engagement. Open to all youth with a valid YMCA membership, Y Youth Zone provides welcoming opportunities to move, play, and belong — no matter your background or skill level.</p> <p>Please note this is a pilot program being offered for 2026, program offerings may be subject to change.</p>