

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  | SUNDAY   |
|--|--|---|--|--|---|--|
| <b>Morning – Open to 12:00pm</b>                     |  |   |  |  |   |  |
| <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym | <b>Drop in Basketball</b><br>6:15-9:00am<br>Full Gym | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym                | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym | <b>Drop in Basketball</b><br>6:15-7:45am<br>East Gym             | <b>Drop in Basketball</b><br>8:15-9:00am<br>Full Gym  | <b>Pickleball 1</b><br>8:15-10:15am<br>Full gym        |
| <b>Badminton</b><br>6:15-7:45am<br>West Gym          |  | <b>Badminton</b><br>6:15-7:45am<br>West Gym                         | <b>Badminton</b><br>6:15-7:45am<br>West Gym          | <b>Badminton</b><br>6:15-7:45am<br>West Gym                      | <b>Pickleball</b><br>9:15-10:45am<br>Full gym         | <b>Pickleball 2</b><br>10:15-12:15pm<br>Full gym       |
| <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym           |  | <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym                          | <b>Drop in Basketball</b><br>8:00-9:00am<br>Full Gym | <b>Y Gentle</b><br>8:00-9:00am<br>Full Gym                       | <b>Drop in Basketball</b><br>11:00-1:45pm<br>Full gym | <b>Basketball Shooting</b><br>12:30-1:15pm<br>West Gym |
| <b>Pickleball 1</b><br>9:15-11:15am<br>Full gym      | <b>Pickleball 1</b><br>9:15-11:15am<br>Full gym      | <b>Pickleball 1</b><br>9:15-11:00am<br>Full gym                     | <b>Pickleball 1</b><br>9:15-11:00am<br>Full gym      | <b>Food Hub<br/>Private event</b><br>9:30-12:00pm<br>Full Gym    | <b>Generation Health</b><br>2:00-4:45pm<br>Full Gym   | <b>Drop in Basketball</b><br>1:30-4:45pm<br>Full Gym   |
| <b>Pickleball 2</b><br>11:15-1:15pm<br>Full gym      | <b>Pickleball 2</b><br>11:15-1:15pm<br>Full gym      | <b>Pickleball 2</b><br>11:00-12:45pm<br>Full gym                    | <b>Pickleball 2</b><br>11:00-12:45pm<br>Full gym     |  |   |  |
| <b>Afternoon – 12:00pm to 4:00pm</b>                 |  |   |  |  |   |  |
| <b>Drop in Basketball</b><br>1:30-4:15pm<br>Full gym | <b>Drop in Basketball</b><br>1:30-4:15pm<br>Full gym | <b>VSB Foundations<br/>Private class</b><br>1:00-2:00pm<br>Full gym | <b>Drop in Basketball</b><br>1:00-6:30pm<br>Full gym | <b>Beginner Pickleball Drop - In</b><br>12:15-1:45pm<br>Full gym |   |  |
|  |  | <b>Drop in Basketball</b><br>2:15-4:15<br>Full Gym                  |  |  |   |  |
| <b>Evening – 4:00pm to Close</b>                     |  |   |  |  |   |  |
| <b>Drop in Basketball</b><br>4:30-6:00pm<br>East Gym | <b>Drop in Basketball</b><br>4:30-6:00pm<br>East Gym | <b>Pickleball 3</b><br>4:30-6:00pm<br>Full gym                      | <b>Drop in Soccer</b><br>6:45-8:45pm<br>Full Gym     | <b>Drop in Basketball</b><br>2:00-6:00pm<br>East Gym             |   |  |
| <b>Badminton</b><br>4:30-6:00pm<br>West Gym          | <b>Badminton</b><br>4:30-6:00pm<br>West Gym          | <b>Shotokan Karate</b><br>6:30-8:30pm<br>Full Gym                   |  | <b>Badminton</b><br>4:30-6:00pm<br>West Gym                      |   |  |
| <b>Shotokan Karate</b><br>6:30-8:30pm<br>Full Gym    | <b>Drop in Basketball</b><br>6:15-8:30pm<br>Full gym |   |  | <b>Drop in Basketball</b><br>6:15-8:30pm<br>Full Gym             |   |  |

No registration required for programs labelled drop in.

This schedule is subject to change without warning.

Please allow 15 minutes for set up and take down times