

# New Westminster Family Drop-In Programs – Winter 2026

*\*Updated December 2025, programs may be subject to change.*



## Kinsight

Program Name	Description	Location/Time	Registration Details
<b>Infant Massage</b>	Free weekly Infant Massage Drop-In—open to parents and babies from birth to not-yet-walking. Learn gentle massage techniques that support your baby's development and well-being in a calm, welcoming space. No weekly commitment required.	<b>New West Family Place •</b> #112 - 960 Quayside Dr  <u>Saturdays:</u> 10:30 – 12:00 PM  January 10 – March 14 *Closed Feb.14, 2026	Drop In! For more information email Victoria: <a href="mailto:vsmith@kinsight.org">vsmith@kinsight.org</a>

## Métis Nation

Program Name	Description	Location/Time	Registration Details
<b>Imagination Library</b> (0 – 4 years)	A literacy program for Métis children birth to 4 years. Métis children that are registered in the program received free, age appropriate books each month.	<a href="https://www.mnbc.ca/work-programs/programs-services/imagination-library">https://www.mnbc.ca/work-programs/programs-services/imagination-library</a>  ONGOING	Visit website for details: Métis Child Care Benefit Program   MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at <a href="mailto:cbhatnagar@mnbc.ca">cbhatnagar@mnbc.ca</a> or call 778.312.3052

## New West Family Place

Program Name	Description	Location/Time	Registration Details
<b>Baby Talk Drop-In</b>	A space for new parents and caregivers with pre-mobile babies (under 12 months) to connect and learn tips, skills and resources from our Family Support Worker and expert guests. Drop-in each week for a different topic and a chance to ask questions and discuss your concerns and experiences.	<b>New Westminster Family Place •</b> 112 – 960 Quayside Dr  <u>Mondays:</u> 1:00 – 2:00 pm  (Reopens January 5, 2026)	Free, no pre-registration required.  See our online event calendar for dates of special guests of support: <a href="http://www.newwestfamilies.ca">www.newwestfamilies.ca</a>

<b>Downtown Family Playtime Drop-in</b>	We offer play and early learning for 0-6 year olds in a caregiver-participation setting, designed by our Early Childhood Educator. Make connections in the downtown neighbourhood and gain parenting and family resources from our Family Support Workers and visiting service providers. Celebrate this time of life with story and rhyme at Circle Time, and honor the birthdays of our little ones each month with a potluck party!	<b>New Westminster Family Place •</b> 112 – 960 Quayside Dr  <u>Monday - Friday:</u> 9:30 – 11:30 am	Drop in with no pre-registration and no cost.
<b>Tigrinya Storytime</b>	Join Mrs. Aida and Fernanda for a special story time in the Tigrinya language! This is an opportunity for our newcomer families from Ethiopia and Eritrea to connect comfortably and learn about the community resources that the New West Public Library has to offer.	<b>NWPL Main Branch:</b> 716 6th Ave, Auditorium  <u>Thursdays: January 15, February 19 &amp; March 12</u> 1:30 – 2:30 pm	Drop in with no pre-registration and no cost.
<b>Family Playtime Drop-In @Uptown</b> (0-6 years)	We offer play and early learning in a caregiver-participation setting, designed by our Early Childhood Educator. Make connections in the Uptown neighbourhood and gain parenting and family resources from our Family Support Workers and visiting guests of support. Celebrate this time of life with Circle Time!	<b>New Westminster Family Place •</b> 620 Eighth St, Century House playroom (downstairs)  <u>Tuesday, Thursday &amp; Saturday</u> 9:30 – 11:30 am  ONGOING	Registration: Drop-In.
<b>Family Playtime Drop-In @Downtown</b> (0-6 years)	On Thursdays we are joined with Annie from <u>Cameray Child and Family Services</u> for some literacy activities.	<b>New Westminster Family Place •</b> 112 – 960 Quayside Dr  <u>Monday – Friday:</u> 9:30 – 11:30 am	
<b>Nobody's Perfect Parenting Program</b> (0-6 years)	No one is born knowing how to parent. Nobody's Perfect Parenting Program is a nationally run peer-support group for parents of children 0-6 years old. Topics each week are customized to the group's needs and requests, and discussions are facilitated by our trained staff.	<b>New Westminster Family Place •</b> 112-960 Quayside Drive  <u>Tuesdays:</u> 12:30 – 2:00 pm February 18 – March 25  <u>Wednesdays:</u> 12:30 – 2:00 pm January 7 – February 11	Registration: <a href="https://www.eventbrite.com/cc/nobodys-perfect-parenting-programs-at-nwfp-2025-3917483">https://www.eventbrite.com/cc/nobodys-perfect-parenting-programs-at-nwfp-2025-3917483</a>

<b>Spanish Parents Support Circle</b>	A free and confidential weekly facilitated support group for Spanish-speaking parents and caregivers. Share your stories, build community, learn new skills, receive emotional support and discover new services and resources.	<b>New Westminster Family</b> • 112 – 960 Quayside Dr  <u>Fridays</u> 12:00 – 2:00 pm  (Reopens January 16, 2026)	Registration, contact: <a href="mailto:azucena.martinez@parentsupp.ortbc.ca">azucena.martinez@parentsupp.ortbc.ca</a> for more information.
<b>Thrive Together Playgroup</b>	A playgroup created for caregivers & children who may benefit from extra support. Led by specialists from Kinsight's Supported Child Development (SCD) and Infant Development Program (IDP).	<b>New Westminster Family Place •</b> 112 – 960 Quayside Dr  <u>Thursdays</u> 12:30 – 2:30 pm  (Reopens January 9, 2026)	Register for weekly sessions: <a href="https://bit.ly/3UnSIs5">https://bit.ly/3UnSIs5</a>

## New Westminster Public Library

Program Name	Description	Location/Time	Registration Details
<b>After School Drop-In</b> (0-8 years)	Enjoy board games and do other fun activities with library staff. Children aged 8 and under must be accompanied by an adult.	<b>Queensborough Branch Library •</b> 920 Ewen Avenue  <u>Wednesdays</u> 3:00 - 4:00 pm January 14 – March 11	Registration: Drop-In.
<b>Babytime</b> (0 - 12 months)	Join us for quality one-on-one time with your little one as we learn literacy-building rhymes and songs. Our Main Branch and Anvil Centre programs are specially geared toward infants in their first year; for older babies please see our Toddler Time program or Babytime at our Queensborough branch.	<b>Anvil Centre • 777 Columbia St</b> <u>Fridays</u> 12:00 – 12:30 pm January 16 – March 13  <b>New Westminster Library Main Branch • 716 Sixth Avenue</b> <u>Thursdays</u> 10:30 - 11:00 am January 15 – March 12  <b>Queensborough Library • 920 Ewen Avenue</b> <u>Wednesdays</u> 11:30 am - 12:00 pm January 14 – March 11	Registration: Drop-In.
<b>Baby Social</b> (0 - 23 months)	Connect with other new parents in this casual opportunity to socialize and share.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Thursdays</u> 11:00 am - 12:00 pm January 15 – March 12  <b>Anvil Centre • 777 Columbia St</b> <u>Fridays</u> 12:30 – 1:30 pm January 16 – March 13	Drop-In

<b>Cantonese Storytime</b> (All Ages)	Join us for an immersive Cantonese Storytime with Priscilla from Hello Canto! We'll sing songs, read stories, and play games designed to keep children actively engaged and having fun. This program is facilitated in beginner-friendly Cantonese.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Mondays</u> 4:00 – 4:45 pm January 26 & February 23	Drop-In
<b>Punjabi Storytime</b> (All ages)	Join us for storytime in Punjabi! We'll share books, songs, and movement activities while celebrating the Punjabi language.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Fridays</u> 11:00 – 11:30 am January 9 & February 13	Drop-In
<b>Pyjama Storytime</b> (All Ages)	Enjoy fun family bonding while learning new favourite songs and stories.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Wednesdays</u> 6:30 - 7:00 pm January 14 – March 11	Registration: Drop-In.
<b>Sensory Storytime</b> (2 – 6 years)	This small group, adaptive storytime is for children with additional support or sensory needs. We'll share stories, songs, and rhymes, with special emphasis on adapting to the unique needs of the group. Presented in partnership with a Speech Language Pathologist from Share Family and Community Services.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Mondays</u> 10:30 – 11:00 am January 12 & February 9	Please register at <a href="https://nwpl.ca/events">nwpl.ca/events</a>
<b>Spanish Storytime</b> (All ages)	Join us for storytime in Spanish! We'll share books, songs, and movement activities while celebrating the Spanish language.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Mondays</u> 4:00 – 4:30 pm January 5 & February 2	Drop-In
<b>Storytime</b> (3 - 5 years)	Join us for fun stories, rhymes, and songs.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Tuesdays</u> 10:30 - 11:00 am January 13 – March 10	Drop-In
<b>Tigrinya Storytime</b> (All Ages)	Join Mrs. Aida from <i>New West Family Place</i> for a special Storytime in the Tigrinya language. Hear stories, connect with other families & learn about library resources. All families, regardless of language, are welcome to participate.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Thursdays</u> 1:30 – 2:30 pm January 15 & February 19	Drop-In

<b>Toddler Time</b> (12 - 36 months)	Enjoy a fun and active storytime specifically geared toward toddlers.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Fridays</u> 10:30 - 11:00 am January 16 – March 13	Drop-In
<b>Ukrainian Storytime</b> (All Ages)	Join us for storytime in Ukrainian! We'll share books, songs, and movement activities while celebrating the Ukrainian language.	<b>New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Saturdays</u> 3:00 – 4:00 pm January 31 & February 28	Drop-In

## Purpose Society

Program Name	Description	Location/Time	Registration Details
<b>Single Parents Program</b> (0-6 years)	Support group for single parents raising children aged birth- 6yrs. Opportunity to learn about community resources and connect with other single parents.	<b>Lower Mainland Purpose Society • 422 6th St</b>  <u>Saturdays</u> 10:00 – 11:30 am  ONGOING	Free. To register or for more information email <a href="mailto:mail@purposesociety.org">mail@purposesociety.org</a> or phone 604 368 0776
<b>Pitter Patter</b> (0 – 3 years)	For families with children aged 0 – 3yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	<b>Lower Mainland Purpose Society • 422 6th St</b>  <u>Tuesdays</u> 10:00 – 11:30 am  ONGOING	Free. To register or for more information email <a href="mailto:mail@purposesociety.org">mail@purposesociety.org</a> or phone 778 727 0786, ext. 205
<b>Family Circle</b> (2.5 – 6 years)	For families with children aged 2 1/2-6yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	<b>Lower Mainland Purpose Society • 422 6th St</b>  <u>Thursdays</u> 10:00 – 11:30 am  ONGOING	Free. To register or for more information email <a href="mailto:mail@purposesociety.org">mail@purposesociety.org</a> or phone 778 727 0786, ext. 205
<b>Building Community and Connections – Anti-Racism Café</b> (0 – 5 years)	Opportunity for parents, grandparents and children to learn and practice English and make friends. Adults participate in English lessons while the children learn language through fun crafts, songs and play.	<b>Lower Mainland Purpose Society • 422 6th St</b>  <u>Wednesdays:</u> 10:00 – 11:30 am  January 8 – March 26	Free. To register or for more information email <a href="mailto:mail@purposesociety.org">mail@purposesociety.org</a> or phone 778 727 0786, ext. 205
<b>Nobody's Perfect Parenting Program</b>	Free parenting program for parents with children aged 0-5yrs. This six week program is offered by trained Nobody's Perfect facilitators and child-minding is available.	<b>Auditorium, New Westminster Library Main Branch • 716 Sixth Avenue</b>  <u>Mondays:</u> 10:00 am – 12:00 pm  January 26 – March 9	Free. To register or for more information email <a href="mailto:mail@purposesociety.org">mail@purposesociety.org</a> or phone 778 727 0786, ext. 205

## School District 40

Program Name	Description	Location/Time	Registration Details
<b>Strong Start</b> (0-5 years)	<p>StrongStart BC Early Learning Centres are open to children aged zero to five and their parents or guardians.</p> <p>StrongStart is staffed by qualified early childhood educators who will introduce children to learning through play as outlined in the British Columbia Early Learning Framework.</p>	<p><b>Connaught Heights Elementary School</b> • 2201 London St <u>Monday - Friday</u> 9:00 - 11:30 am</p> <p><b>Skwo:wech Elementary School</b> • 331 Richmond St <u>Monday, Tuesday, Wednesday, and Friday</u> 9:15 - 11:45 am</p> <p><b>Queensborough Middle School</b> • 833 Salter St <u>Monday - Friday</u> 8:45 - 11:15 am</p> <p><b>Strong Start resumes for the school year on January 5, 2026.</b></p>	<p>Register at <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=A6INaI_QXNE6f6JdvA1PFKs4PRCosigNDgDUSdnqyRhUN1hUM0s2WetjNVU1Qkx8BNzQyM0hBMUNHRy4u">https://forms.office.com/Pages/ResponsePage.aspx?id=A6INaI_QXNE6f6JdvA1PFKs4PRCosigNDgDUSdnqyRhUN1hUM0s2WetjNVU1Qkx8BNzQyM0hBMUNHRy4u</a></p> <p><b>**After registering your child, the program is drop-in on a first-come-first-served basis.</b></p> <p>Each session can accommodate a maximum of 20 children who are accompanied by one caregiver.</p>

## Spirit of the Children Society (SOTCS)

Program Name	Description	Location/Time	Registration Details
<b>Hlulu Family Drop-In</b> (0-6 years)	Free play, cultural teachings, snack, stories, circle, parent and child facilitation, supports/resources and more.	<p><b>SOTCS Office</b> • 768 Columbia St</p> <p><u>Thursdays &amp; Fridays</u> 9:00 am – 12:00 pm</p> <p>Offered year-round.</p>	<p>Register when you come in or email: <a href="mailto:t.hausch@sotcs.ca">t.hausch@sotcs.ca</a> or <a href="mailto:n.dionicio@sotcs.ca">n.dionicio@sotcs.ca</a></p>

### New Westminster Schools Welcome Centre

Provides support to new families entering SD40. Connect with a City Navigator — a reference specialist who can help local residents explore and connect with all that the city has to offer. A City Navigator can also connect families new to Canada with community and in-house supports and services, such as settlement workers who can provide support in a variety of languages.

**Located at:** 820 6th Street, New Westminster

**Phone:** 604-517-6200

**Website:** [newwestschools.ca](http://newwestschools.ca)

### Leo Street Youth and Family Services - SMILE Young Parent Program

We offer a variety of programs for youth ages 16 and under who reside in Burnaby and New Westminster. Our monthly Prenatal Workshops are available both online and in person, providing flexible options for participation. With ongoing intakes and continuous programming, we're here to support young individuals and families throughout their journey.

**Location:** Located near Gilmore SkyTrain Station, with activities held in Burnaby and New Westminster.

**Phone:** 604-298-6245

**Email:** [smile@stleo.ca](mailto:smile@stleo.ca)

### Métis Nation - Miyoopimatishihk (Wellbeing) Program

For families with Métis children birth to 8 years old. Métis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipment, mental health supports.

**Location:** <https://www.mnbc.ca/work-programs/programs-services/miyoopimatishihk-wellbeing-program>

**Phone:** 778.312.3052

**Email:** [cbhatnagar@mnbc.ca](mailto:cbhatnagar@mnbc.ca)

### Métis Nation – Child Care Benefit Program

A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit. The Métis Child Care Benefit (MCCB) is a monthly benefit to support parents with their Licensed or Registered License-Not-Required childcare and Licensed Preschool fees.

**Location:** <https://www.mnbc.ca/work-programs/programs-services/metis-child-care-benefit-program>

**Phone:** 778.312.3052

**Email:** [cbhatnagar@mnbc.ca](mailto:cbhatnagar@mnbc.ca)



#### YMCA Child Care Resource & Referral

10 - 620 Royal Avenue, New Westminster, BC V3M 1J2  
604-931-3400

[ygv.ccrr@bc.ymca.ca](mailto:ygv.ccrr@bc.ymca.ca)  
[www.gv.ymca.ca/ccrr](http://www.gv.ymca.ca/ccrr)

[www.gov.bc.ca/ChildCareResourceReferralCentres](http://www.gov.bc.ca/ChildCareResourceReferralCentres)



ChildCareBC

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**Kids  
New West**

[knwtable@gmail.com](mailto:knwtable@gmail.com)  
[kidsnewwest.ca](http://kidsnewwest.ca)