

Upcoming Workshops & Events - All are FREE!

20 Hour Responsible Adult Child Care Course – Jan 30, 10:00 AM – 12:00 PM, Online, Free

Nature, Sound, and Indigenous Teachings to Support Children's Emotions - Feb. 7, 11:00 AM - 1:00 PM, Vanderhoof Community Centre, Free

Bullying Among Children: Where Bullying Comes From – Feb 7, 10:00 AM – 12:00 PM, Online, Free

Early Learning Framework - Feb 19 & 26, 7:00 - 9:00 PM, Online, Free

Childhood Anxiety: Helping Children Heal - Feb 28, 10:30 AM - 12:00 PM, Online, Free

Risky Play Mini Conference - Mar 7, 10:00 AM - 4:00 PM, 6989 Gladstone Dr, Prince George, Free

Lisa Murphy on ... Play : The Importance of Early Experiences - Mar 28, 9:30 AM - 12:45 PM, Online, Free

YMCA CCRR Event Photos



Did you get photographed at one of our events? Check out our social media @YMCACCRR to see if you were featured!

YMCA CCRR Program News



Happy New Year! As we step into this fresh chapter, let's welcome new opportunities, embrace growth, and open our hearts to all the possibilities ahead. It's time to say goodbye to what was—cherishing the lessons learned and leaving behind what no longer serves us. With hope and excitement, we look forward to everything this year can offer, ready to create moments that inspire and experiences that shape a brighter future.

Vanderhoof CCRR



Come and check out our Vanderhoof "Little Explorers" where we do sensory play, crafts and meet new friends! On this particular day we did slime and cornstarch snow. The kids created their own trees with Q-tips and paints.

YMCA CCRR Program Features

Vanderhoof CCRR office was joined by Chelsea Hann who did an in person workshop on "Working with The Early Learning Framework" November 1. It was great having so many passionate ECEs in one place learning and connecting. The workshop not only provided valuable knowledge but also fostered a sense of community among early childhood educators in Vanderhoof. This gathering was a testament to the dedication and commitment of those working in the field, all striving to enhance the quality of early learning environments for young children.



YMCA CCRR Exciting News!

NEW Registration Platform

Professional Development registration will be moving to a new platform. You will now be able to register in all our workshops and networking events here: <https://mycommunity.bc.ymca.ca/s/ccrr>

CHECK IT OUT



Updated ProD Schedules

FREE? Our Professional Development Schedule is now available. View our FREE workshops and networking events in detail [here!](#)

Program Evaluation Survey

Our Program Evaluation Survey is ongoing. This helps us provide the best possible workshops, networking events and services for you. We appreciate your feedback!

Self-Paced Online Workshops

The YMCA BC Learn offers virtual workshops lasting two to three hours, with completion resulting in a CCRR professional development certificate.



Looking for child care?
We can help! Fill out our
[Child Care Provider form](#)

Free Community Events

Circle of Security - Mondays, January 26th - March 23rd, 1:00 - 3:00PM, 157 Victoria St. W., Vanderhoof (Connexus Board Rm), Free!

Cultural Day: Snow Days - February 7th & 8th, 3:00PM, The Gathering Place, 135 Joseph St, Bulkley-Nechako, Free!



Vanderhoof Early Years Screening Fair-
January 20th, 2:00 - 4:30PM,
448 Cannaught St, Vanderhoof, Free!

Fraser Lake Early Years Screening Fair-
January 21st, 1:00-3:00PM, 266 Taluk Cres,
Fraser Lake, Free!



Prince George Public Skating Calendar -
Various Days, Free!

Vanderhoof Public Skating -
Sundays in January, 4:15 -5:15PM & 6:45-
7:45PM, 340 Columbia St E, Vanderhoof, Free!

Family Drop-Ins

Our Highland, Massey & Vanderhoof drop-in programs are in full swing! Join us! Child care providers, parents, grandparents and caregivers are all welcome!

Active Play (Highlands) - Resumes Jan 13 Tuesdays, 10AM-12PM
Highlands Child Development Center

Family Play Time (Massey) - Resumes Jan 9 Fridays, 10AM-12PM
Prince George Family YMCA

Little Explorers Playtime (Vanderhoof)
Resumes Jan 9 Fridays, 10AM-12PM
Integris Community Center

Early Screening Fairs are happening this January in Vanderhoof and Fraser Lake. Meet community supports, ask questions, and learn how to prepare your child for kindergarten!

Child Care News

• Starting January 2026, you can renew your Child Care Operating Funding for the upcoming year. To learn more and opt in to each program, please review: Child Care Fee Reduction Initiative Funding Guidelines and Early Childhood Educator Wage Enhancement Funding Guidelines for 2026-27

• Winter emergency preparedness and planning resources As winter approaches, the risk of storms, floods, and other severe weather events increases. Resources are available to support preparedness, response and recovery planning.



Articles of Interest

Through a Child's Eyes: Lessons in Growth and Connection Read about the author's journey as an educator from burnout through self-care and how the process reconnected her with her purpose to empower children socially and emotionally — reigniting passion and discovering tools to support others experiencing burnout. "To support children, we must first support ourselves and each other. Building a strong community of early childhood educators, sharing stories, and learning from one another is vital. It's in these shared experiences that we find inspiration and strength to keep going" By Reena Kukreja Read full article [here](#).



The Importance of Early Childhood Educator Mental Health & Well-Being: A guide to supporting educators This survey reveals significant public backing for policies aimed at improving the affordability and accessibility of high-quality child care services for preschool-aged children. Click [here](#) to read the full survey.

YMCA CCRR ... Did you know?

Did you know we offer professional development for child care providers? We host workshops, courses, and networking opportunities to help you stay current with best practices and meet your professional development requirements.

Did you know we provide personalized support for starting a child care business? From understanding licensing requirements to creating policies and setting up your space, we offer step-by-step guidance to help you launch your child care program confidently.

Did you know we have resources to support inclusive child care? We offer information and tools to help child care providers create welcoming, diverse environments—plus referrals to local supports for children with extra needs.

Early Learning Library Corner



00918 Winter Bin 1



00926 Winter Bin 2



03441 Pet Vet Bin



08499 Dinosaurs Bin

Check out our Lending Libraries! This season, we're showcasing two cozy and engaging winter-themed bins perfect for early learning. We are featuring a Snowman & Mittens Storytelling Kit, complete with felt pieces, winter books, and playful props that support early literacy and imaginative play. Whether you're a parent, caregiver, or educator, our Lending Libraries offer a wonderful opportunity to enhance your early learning toolkit.

Don't miss out on these delightful seasonal offerings, available for borrowing today!

LOOKING FOR SOMETHING SPECIFIC?



If you can't find what you're searching for in our library, please reach out via email at nbc.ccrr@bc.ymca.ca. We'd be delighted to help you find it, or it might be a resource we can consider adding in the future!

Social Media & YMCA CCRR

Our social media channels are your gateway to staying informed and connected; we regularly highlight our events, drop-in programs, and other key offerings. Follow us to discover more about these exciting opportunities!

CLICK
here



[@YMCAPGCCRR](#)



[@CCRRPG](#)

