



Robert Lee YMCA

Aquatics Schedule – Updated March 6, 2026

Guide: (R) Registration Required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Full Lane (4 Lanes) 6-9:30am	Full Lane (4 Lanes) 6-10:15am	Full Lane (4 Lanes) 6-10:15am	Full Lane (4 Lanes) 6-10:15am	Full Lane (4 Lanes) 6-12pm	Full Lane (4 Lanes) 7-9am	Full Lane (4 Lanes) 7-9am
Partial Lane (2 Lanes) Aquafit (R) 9:30-10:15am	Partial Lane (2 Lanes)	Partial Lane (2 Lanes) Aquafit (R) 10:15-11am	Partial Lane (2 Lanes) Aquafit (R) 10:15-11am	Partial Lane (2 Lanes) Aquafit (R) 12-12:45pm	Swim Lessons (Pool Closed) 9-12:30pm	Swim Lessons (Pool Closed) 9-12:30pm
Partial Lane (3 Lanes) Swim Lessons 10:15-12:15pm	Full Lane (4 Lanes) 11:15-1pm	Partial Lane (3 Lanes) Swim Lessons 11:15-12:45pm	Full Lane (4 Lanes) 11:15-1pm	Full Lane (4 Lanes) 12:45-9pm	Full Lane (4 Lanes) 12:30-7pm	Full Lane (4 Lanes) 12:30-1:30pm
Full Lane (4 Lanes) 12:15-4pm	Partial Lane (3 Lanes) Swim Lessons 1-2pm	Full Lane (4 Lanes) 12:45-9pm	Partial Lane (3 Lanes) Swim Lessons 1-2pm			Partial Lane (2 Lanes)
Partial Lane (3 Lanes) Swim Lessons 4-7:30pm	Full Lane (4 Lanes) 2-4pm		Full Lane (4 Lanes) 2-4pm			Full Lane (4 Lanes) 2:15-7pm
Full Lane (4 Lanes) 7:30-9pm	Partial Lane (2 Lanes) Swim Lessons 4-7:30pm		Swim Lessons (Pool Closed) 4-7:30pm			
	Full Lane (4 Lanes) 7:30-9pm		Full Lane (4 Lanes) 7:30-9pm			

Lane Swim Etiquette	Swim to the right side of the lane	When resting, please keep to the corner to allow other swimmers to use the wall	Faster swimmers must pass to the left	Choose the appropriate lane for your pace	When entering the lane, give other swimmers the right of way
Full Lane Swim	During these times, the pool is configured for lane swim only.				
Partial Lane Swim	During these times, the pool is configured to have one to three lanes for lane swim. Additional activities may occur in other areas of the pool.				
Open Swim	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Children of any age are welcome into the pool at this designated time. A section of the pool will be open for families with children 5 years of age and younger.				
Aquafit	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels welcome. Registration on the MindBody app is required. Check the MindBody app for class schedule updates.				
Swim Lessons	Pool space dedicated to providing swim lessons and training for swim instructors. When the schedule says "(Pool Closed)" that means the lap pool is closed for that duration of time. The hot tub and steam room remain open during swim lesson times.				



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LIT Aquatics Schedule – Updated March 6, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Mar 11th 4pm - 9pm		Mar 13th 4pm - 9pm	Mar 14th 8am - 5pm	Mar 15th 8am - 5pm
				Mar 20th 4pm - 9pm	Mar 21st 8am - 5pm	Mar 22nd 8am - 5pm
				Apr 10th 4pm - 9pm	Apr 11th 8am - 5pm	Apr 12th 8am - 5pm
		Apr 15th 4pm - 9pm		Apr 17th 4pm - 9pm	Apr 18th 8am - 5pm	Apr 19th 8am - 5pm
				May 8th 4pm - 9pm	May 9th 8am - 5pm	May 10th 8am - 5pm
		May 13th 4pm - 9pm		May 15th 4pm - 9pm	May 16th 8am - 5pm	May 17th 8am - 5pm
		June 10th 4pm - 9pm				
				June 19th 4pm - 9pm	June 20th 8am - 5pm	June 21st 8am - 5pm
				June 26th 4pm - 9pm	June 27th 8am - 5pm	June 28st 8am - 5pm

*** There are fewer open lanes during the above times.
Check with our aquatics staff to find out more details. ***