

## Child, Youth and Family Schedule – March 2025

**Room Guide:** (E) East Gym - (C) 5th Floor - (G) Full Gym  
(A) Active Living Studio 2 - (SC) Squash Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Childminding (C)</b> 9:30-1pm <b>(6wks - 5yrs)</b>	<b>Family Playtime (C)</b> 9:30-1pm <b>(0-12yrs with parents)</b>
<b>Indoor Family Playground (E)</b> 9:30-12pm			<b>Indoor Family Playground (E)</b> 9:30-12pm		<b>Family Playtime (C)</b> 9:30-1pm <b>(0-12yrs with parents)</b>	
<b>Kid's Soccer (E)</b> 4:15pm-4:45pm <b>(3-5yrs)</b>	<b>Karate (SC)</b> 4:00-7:30pm (Jan 6 -Mar 12) <b>(3-18yrs)</b>	<b>Childminding (C)</b> 4:30-7:30pm <b>(6wks - 5yrs)</b>	<b>Karate (SC)</b> 4:00-7:30pm (Apr 7 -Jun 25) <b>(3-18yrs)</b>	<b>Childminding (C)</b> 4:30-7:30pm <b>(6wks - 5yrs)</b>		
<b>Childminding (C)</b> 4:30-7:30pm <b>(6wks - 5yrs)</b>	<b>Little Spoons (C)</b> 5-6:30pm <i>Check Dates Below</i>		<b>Kid's Basketball (E)</b> 4:15pm-4:45pm <b>(3-5 yrs)</b>	<b>Family Playtime (C)</b> 4:30-7:30pm <b>(0-12yrs with parents)</b>		
<b>Family Playtime (C)</b> 4:30-7:30pm <b>(0-12yrs with parents)</b>	<b>Family Playtime (C)</b> 4:30-7:30pm <b>(0-5 yrs with parents)</b>		<b>Family Playtime (C)</b> 4:30-7:30pm <b>(0-5 yrs with parents)</b>			
<b>Kid's Soccer (E)</b> 4:45pm-5:15pm <b>(6-10yrs)</b>			<b>Kid's Basketball (E)</b> 4:45pm-5:15pm <b>(6-10 yrs)</b>			

Program	Age	Program Description	Member Fee	Non-Member Fee
<b>Family Play Time</b>	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$10.00
<b>Indoor Family Playground</b>	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$10.00
<b>Childminding</b>	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. <i>Parent/Guardian must stay in the building.</i>	\$3.75 per 30 minutes	\$7.50 per 30 minutes
<b>Little Spoons</b>	2-8	Is a creative and hands-on program designed for children. They can explore various artistic activities and develop their creativity. <i>Parent/Guardian involvement and supervision is required for children under 4 yrs.</i> Jan 20,27 Feb 3, 10, 17, Mar 3,10, 17, 24, 31	\$10.00	\$20.00
<b>Kid's Soccer and Basketball</b>	3-10	Your child will enjoy themselves, meet friends, and learn the importance of fair play via fundamental sports throughout this program. While playing, kids would run, jump, shoot, and pass. <i>Advanced booking on the YMCA BC app is required.</i>	Included in membership	N/A
<b>Karate</b>	3-18	Certified Black Belt Instructors from Tiger eye's karate Do will help your child develop a solid foundation for life-long karate practice, form long-lasting friendships. <i>Advanced booking online at myymca.ca is required.</i>	\$240 24 sessions	\$300 24 sessions